## SEPTEMBER | - OCTOBER 31, 2020 12 ELUL 5780 - 13 CHESHVAN 5781



### Bingo at Home to Support the Jared Dubro Legacy Fund Tuesday, September 8, 7:00pm



Rabbi Goldsmith calls the numbers with plenty of groan inducing puns for a fun evening of Bingo. See if you can connect the squares to win one of our exciting prizes. All proceeds benefit the Jared Dubro Legacy Fund in support of *chesed* (kindness), programs, initiatives, and experiences that bring the light of Jared's spirit into our

world. Friends are welcome! Cost: \$18/card.

Register online at https://tinyurl.com/bingo1CEW

#### Tailgate Shabbat & Picnic Dinner Friday, September I I 6:00pm Picnic/6:30pm Service



Grab your picnic basket and folding chairs and head to the synagogue parking lot for a parking lot tailgate! Bring your own picnic. Our outdoor service will follow with our band and will be simulcast on Zoom for those who cannot attend.

Registration is required to ensure that we maintain appropriate physical distance requirements.

Register at https://tinyurl.com/CEWtailgate

#### The Labyrinth: The Testimony of Marian Kołodziej with Film Producer Father Ron Schmidt and Scholar Dr. Michael Berenbaum Sunday, October 18, 7:00pm



Memory, art, love, and hell collide in this gripping documentary as an Auschwitz survivor finally confronts the horrors of his past after 50 years of silence. Following the screening, we will hear from producer Father

Ron Schmidt and documentary filmmaker and renowned Holocaust scholar Dr. Michael Berenbaum.

Register for this event with Jane at jdubro@c-e-w.org.

This event is sponsored in partnership with the Holocaust and Human Rights Education Center.



Welcome to High Holy Days 5781. In some ways, these Days of Awe will be like none other. And, in the ways that matter most, these will be days filled with the meaning, ritual, traditions, and feelings of community that we experience every year. Our goal is simple: Keep the essential core of Rosh Hashanah and Yom Kippur while protecting the health of our congregation. Achieving this simple end means offering a thoughtful suite of services, programs and events.

Each event represents an intentionally planned step along the path towards a meaningful High Holy Day experience. Our schedule of service and events appears on pg. 2. Links to watch most services are included in the High Holy Day mailing and in Emanumail. Main service links will be shared via email shortly before each service.

We understand this is a new format for the High Holy Days, and should you have any questions, please contact Abbie at alevitt@c-e-w.org or 914-967-4382 x18.

#### High Holy Day Care Package Pick Up Day I: Thursday, September 10, 11:00am - 1:00pm & 5:00 - 7:00pm Day 2: Sunday, September 13, 1:00 - 3:00pm



We invite every congregant family to come to the synagogue to pick up a very special Care Package with items that will elevate and enliven Rosh Hashanah and Yom Kippur. In addition to prayer books and the Yizkor Memorial Book, packages will be chock full of meaningful ritual objects and gifts that will help foster a sense of holiness and connection. You won't event have to get out of your car!

If you cannot pick up your Care Package because of distance or health concerns, please contact Abbie at 914-967-4382 x18 or alevitt@c-e-w.org so that we may ship it to you.

Remember to bring the ticket included in the High Holy Day mailing.



# Erev Rosh Hashanah

Friday, September 18 7:30 - 8:30pm Erev Rosh Hashanah Service at home (streaming)

# Rosh Hashanah

Saturday, September 1910:00 - 11:00amMorning Service at home (streaming)11:15am - 12:15pmTorah Service at home (live on Zoom)

#### Sign-Up for Drive in Shofar Services: https://tinyurl.com/2020CEWHHD

12:30 - 1:00pm	Drive in Shofar Service I (in-person, registration required & live on Zoom)
1:15 - 1:45pm	Drive in Shofar Service II (in-person, registration required)
2:00 - 2:30pm	Drive in Shofar Service III (in-person, registration required)
3:00 - 3:30pm	Rosh Hashanah Young Families Service at home (live on Zoom)

## Sanctuary Reflection Times

#### Sign-Up for Sanctuary Reflection Times: https://tinyurl.com/2020CEWHHD

Sunday, September 20, 9:00 - 10:00am Monday, September 21, 7:00 - 8:00pm Tuesday, September 22, 12:00 - 1:00pm Wednesday, September 23, 2:00 - 3:00pm Thursday, September 24, 7:00 - 8:00pm Friday, September 25, 11:00am - 12:00pm Saturday, September 26, 11:00am - 12:00pm

# Rosh Hashanah Day 2

Sunday, September 20 Location & Times TBA Tashlich (in-person, registration required)

# Shabbat Shuva

Friday, September 25

6:30 - 7:30pm Shabbat Shuva Early Service at home (live on Zoom)

# Yom Kippur

Sunday, September 27 7:30 - 8:30pm Kol Nidre at home (streaming)

#### Monday, September 28

10:00 - 11:00am	Yom Kippur Morning Service at home (streaming)
11:30am - 12:30pm	Yom Kippur Torah Service at home (live on Zoom)
1:30 - 2:30pm	Yom Kippur Study Session at home (live on Zoom)
3:00 - 4:00pm	Yom Kippur Young Families Service at home (live on Zoom)
4:30 - 5:30pm	Yom Kippur Yizkor & N'ilah Services at home (streaming)
5:30 - 6:30pm	Break Fast at home (live on Zoom)



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Tal Drori Religious School Administrator & Rental Coordinator

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Enrique Torres Director of Facilities

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#### Physically Separate, Always Together High Holy Day Annual Appeal

Dear Friends,

The High Holy Days are always a time for connection with our Judaism and our congregation. This year, things will look and feel a little different, but through the efforts and creative vision of our clergy and community, they will feel familiar and still give us meaningful ways to reflect on our past year and look forward to the future with hope. With beautiful music, thought provoking sermons, opportunities to hear the shofar blast and spend time reflecting in our gorgeous sanctuary, we have much to be grateful for this year. These will be High Holy Days like no other and together we will make it deeply meaningful, joyful and sacred.

# All of this makes these High Holy Days an especially good time to contribute to our Annual Fund.

The Annual Fund provides the necessary resources to ensure that we can welcome anyone who wishes to be a member of Emanu-El, regardless of income level or financial hardship and helps fill the gap in our operating budget not met by regular dues, tuition, and fees.

You can make your donation with the cards you will find in the prayer books included in your High Holy Day Care Package or by going online to https://tinyurl.com/HHDAnnual. If you would like to discuss your gift, or have any questions, please feel free to reach out to me at majleew@gmail.com.

I look forward to celebrating these special High Holy Days with you and thank you in advance for joining me in supporting our Annual Fund.

Warmest regards,

Maj Wickstrom, Chair, Fundraising Committee

# **Turning Virtual Into Reality**

My son, Lev, drank the video game Kool-Aid. What started innocently enough with *Minecraft* (think digital blocks), has evolved to a love affair with his PS4 gaming console: *Madden* (football), *The Show* (Baseball), *FIFA* (soccer), and too many racing games to count. We do



not allow him to play the endless fighting games out there but the lack of blood and gore has not reduced his enthusiasm for 65 inches of high definition gaming bliss. One of his racing games, in particular, allows him to refurbish and upgrade cars to make them faster, better, stronger. Upgrading a Honda Civic so it moves like a Porsche. Or, more recently, refurbishing a 1963 VW Beetle with a Lamborghini engine, high performance exhaust system, and a suspension that transformed the hippie mobile into a low-riding speedster.

Cut to my early morning back roads bike ride from Bennington, VT to Hoosick Falls, NY. I struggled up 400 very steep vertical feet on Johnson Hill Road with farm fields on either side, clouds in the valley below, and mountains in the distance. After cresting the rise, I came around a bend where a large tent emerged from the fields blocking my view to the west. And, under that tent, up on blocks, was a 1960s VW bug being refurbished and upgraded. The same car that my son had digitally enhanced in the virtual world. And here, in real life, someone was working with tools and grease and sweat to make the real car run once again. Would it become the racing machine of my son's digital world or would that old hippie mobile simply get up and running? Who knows? Either way, I could not help smiling at the coincidence and when I showed him a picture, my digital-loving son declared, "that's pretty funny".

It's the season of refurbishing and upgrading. Not old VW Bugs, but ourselves, our souls. Your parents and grandparents and great-grandparents, back over 100 generations marked this sacred season with prayer and repentance and charity. Jews around the world annually gather together to reflect on the past and look to the future. Certain melodies and liturgies express the essence of this sacred season: Kol Nidre, *Avinu Malkeinu*, *U'nitaneh Tokef*, and *L'mancha*. It is the highlight of the synagogue year, the high point spiritually and communally. For me, personally, there is no greater moment than standing at the ark and hearing you sing out *Shema* – a moment of Emanu-El unity conveyed by the prayer of God's unity.

And so, it is with a mix of trepidation and hope that I look to our High Holy Days this year. Trepidation because we will refurbish and upgrade ourselves on

computers more like my son's PS4 rather than in our sanctuary, which is more like the tent in the country. Hope because I believe that the power of the High Holy Days can transcend any medium. Hope because of the thoughtfulness, time, and resources invested in creating each experience we have planned. I am hopeful because, in spite of all the differences, the High Holy Days will maintain their essence in all the most important ways.

It's the season of refurbishing and upgrading. Not old VW Bugs, but ourselves, our souls.

Ironically, the format of our High Holy Days this year will require more work from you, not less. You typically need to simply show up and let the power of place, community, music, prayer and memory move you. This year, you will need to create sacred time and space at home. The High Holy Day Care Package contains several ideas and items that you can use to create that space (also check out Cantor Stone's message on pg. 6). You'll find the other things you need already in your home. And, you'll need to carve out the time without the strict ticketed times of the sanctuary. You may, of course, watch a service anytime you like. But I encourage you to log on at the same time as the rest of the congregation. You will feel spiritually together, though we will be physically apart. And, please, take advantage of the other opportunities throughout the Days of Awe: personal time in the sanctuary, shofar blasts in the parking lot, a study session with me, and Torah readings live on Zoom. Each time, you will need to choose to participate, to log on, to click a link, to drive over. And, each time, you will be brought closer to the ideals of this sacred time, the traditions of the generations.

Wishing you and your family a *Shanah Tovah u'Metukah*, a good and sweet New Year!

Howard J. Goldsmith, Rabbi

# REFLECT & ELEVATE

#### **Ritual Corner: More Than Apples & Honey**



Everyone looks forward to eating apples and honey on Rosh Hashanah. The sweetness of the apple and honey symbolize our hope for a sweet new year. But our tradition doesn't stop with apples,

on Rosh Hashanah we have the custom of eating "new fruit" as well. What is new fruit? It technically means a fruit that has just come into season that we have not yet enjoyed. Before eating the fruit we say the *shehechiyanu* blessing (see below) to show our gratitude for being alive and having reached this season.

Very often people use the pomegranate as the new fruit on Rosh Hashanah. The Bible mentions the pomegranate as one of the species that grows especially well in the Land of Israel. The mystics said that the pomegranate was a special fruit because it contains 613 seeds corresponding to the 613 commandments in the Torah (I've never counted the seeds but it's a nice idea!). Finally, many people use the pomegranate with the hope that their good deeds in the coming year will be as numerous as the seeds in the pomegranate.

Another variation on the custom of new fruit is to bring exotic and unusual fruits to your Rosh Hashanah table. Star fruit, passion fruit, kumquat, and dozens of other unique fruit fill the produce aisles. Bringing the variety to our table reminds us of the wonder of creation, an important theme of Rosh Hashanah.

בָּרוּך אַתָּה יְהֹוָה אֱלֹהֵינוּ מֶלֶך הָעוֹלָם שֶׁהֶחֶיָנוּ וְקוְּמָנוּ וְהִגִּיעָנוּ לַזְמַן הַזֶּה:

Baruch Atah, Adonai Eloheinu melech haolam, shehechiyanu, v'ki'manu, v'higiyanu lazman hazeh.

Praised are you, Adonai our God, sovereign of the universe, for giving us life, sustaining us, and enabling us to reach this season.

#### Communal Selichot Service Saturday, September 12, 7:30pm



A great way to start off the High Holy Days with other area synagogues: rooted in ancient ritual, the joy of community, the sweetness of a new year, and space to consider the ways we

will make ourselves and our communities better in 5781. More details to come shortly.

#### Shabbat Shuva Early Service Friday, September 25, 6:30pm

Join us for the Shabbat service that occurs during the Ten Days of Repentance between Rosh Hashanah and Yom Kippur. Unless otherwise noted, the video Zoom address for programs and services is: https://us02web.zoom.us/j/9149674382

Worship services may also be viewed on our Facebook page or webpage; and the audio only dial-in is 1-646-558-8656 (use Meeting ID 914 967 4382)

#### Yom Kippur Yizkor Service Monday, September 28, 4:30pm Sukkot & Shmini Atzeret Yizkor Service Saturday, October 10, 9:00am

There are four times throughout the year when we traditionally come together as a community to remember those who have passed away: Yom Kippur, Sukkot, Passover and Shavuot.

#### Erev Sukkot Early Service Friday, October 2, 6:30pm

In this time when so much of our gathering takes place outdoors, we plan to gather under and near our synagogue sukkah to welcome our harvest festival and Shabbat. Though we traditionally begin praying for rain at Sukkot, we'll put that prayer off for one night so that we can come together to celebrate the festival our ancient rabbis called *zman simchateinu*, the time of our rejoicing.

#### Simchat Torah Shabbat Friday, October 9, 6:30pm



We plan to come together in the synagogue parking lot for a unique, outdoor Simchat Torah celebration.

While we will not unroll the scroll this year, we do plan on a lively celebration of Torah as we finish Deuteronomy and begin again at the start of *Bereshit*. We will revel in this joyous holiday with physically distant Israeli dancing and music from our temple band. More details will come soon but, for now, mark your calendar to celebrate the source of all our traditions: Our Torah! Registration will be required. Service will be simulcast on Zoom.

#### I'm A Cultural Jew Shabbat Friday, October 30, 7:30pm

Being a Jew is about more than religion. This service highlights the many ways that Jews and Judaism have impacted our cultural identity. Food, wine, art, dance, film, literature – find out the Jewish roots of the things that add color, joy, and meaning to our lives.

# CANTOR STONE'S MESSAGE

## How to Create your Mikdash M'At, Miniature Sanctuary

This year we will all certainly miss being together in person for the High Holy Days, with the majesty of large crowds standing close. But we will be "together" safely in our own homes. With the current restrictions on group gatherings, our kitchens have become our classrooms, our basements are our yoga studios, and the dining room has become our office. Where then, is our synagogue?

Just as our ancestors created small, local holy places after their central place of worship, the Temple, was destroyed, we now have the unique opportunity to create a sacred space in our home - a mikdash m'at, or miniature sanctuary - for the Holy Days. In doing so, we also practice hiddur mitzvah, enhancing our celebration by making it beautiful!

The following suggestions are meant to enhance your High Holy Day experience at home, while creating an atmosphere that connects us to one another.

Choose your prayer space carefully in advance. Don't wait until the last minute! If you know how, consider viewing services on your TV screen. If you will use a computer, set it on a table so that you are watching the screen more than manipulating it, so it feels less like a work device.

- Set-up seating that feels appropriate for services.
- Transform a table near your screen or where you place your computer by covering it with a white tablecloth or other special table covering or runner.
- Use meaningful objects to grace your space:
  - A vase of flowers to celebrate the birthday of the world and recall the mums we usually have on our bimah

Holiday candles in nice candle sticks



A kiddush cup filled with wine

On Rosh Hashanah you might include objects like apples and honey. On Yom Kippur you can place cherished mementos, family heirlooms, photos of loved ones, and a yahrzeit candle to surround you.

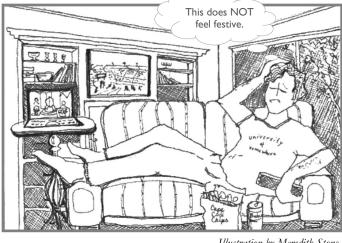


Illustration by Meredith Stone

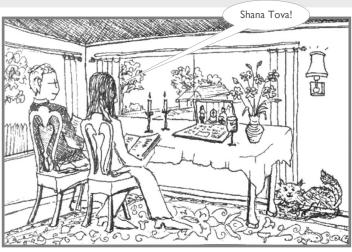


Illustration by Meredith Stone

- Try to limit or disconnect auditory distractions.
- Turn off your email and text message ping sounds. Close Facebook and other apps so you can be fully present during the service.
- Wear clothing that helps to elevate this sacred time and makes you feel as if you're entering a spiritual space. If it would be meaningful for you, consider wearing your tallit for Kol Nidre and the morning services. Perhaps you have an heirloom or Bar/Bat Mitzvah tallit that you can wear.
- Families can use the youth participation sheet that is included in the booklet included in your High Holy Day care package.

We appreciate the time and effort it takes to make your *mikdash m'at*, your small sanctuary, a reality. May it add joy and meaning to your holiday. We wish you a very warm and personal Shana Tova!

(adapted from suggestions developed by Rabbi Elyse Goldstein)

A sweet year to all,

Meredith

Meredith Stone, Cantor

# **STEP-UP & GIVE BACK**

It is more important than ever that we continue our acts of *tikkun olam* (repairing the world) in our communities. With social distancing as our new norm, volunteering looks a lot different than it did even two months ago, but there is no shortage of opportunities to help those in need of support at this time. To learn more about how you can get involved, contact Hedy Cardozo at hedozo@aol.com.

#### Social Action Drives

Help make our community a better place and participate in the important drives and collections scheduled throughout the year.

September	High Holy Day Food Drive
October	Coats for Hope Coat Drive
November	Holiday Toy Drive for WJCS
December	Kids' Kloset Underwear & Diaper Drive
January	Afya Collection
March	Hope Community Food Pantry Drive
April/May	Mitzvah Shabbat Book & Pajama Drive
June	Gently Used Backpack Collection for Midnight Run

#### **High Holy Day Food Drive** Tuesday, September 29 - Friday, October 2

Fill your High Holy Day Care Package bag or a shopping bag from home with non-perishable, non-expired food items, and bring back to the temple. Drop off bags under the sanctuary overhang. Items will be donated to Feeding Westchester for local distribution.



#### **Baby Bank Diapers & Wipes Drive**

Baby Bank's mission is to help local families in need keep their babies clean, healthy and happy.

Immediate needs are wipes, diapers (sizes 4, 5, & 6) and pull-ups (4T & 5T) for their Bags of Love program.

Items can be dropped off in front of the temple's lobby doors or brought to Hedy Cardozo's house at 14 Holly Lane in Rye Brook (by bench near the front door). Items can also be shipped directly to Baby Bank Westchester at Baby Bank c/o 914Cares, 901 North Broadway, White Plains, NY 10603.

#### Vote on Election Day **Tuesday, November 3**



The Social Justice Committee would like to encourage all congregants to exercise their right to vote in November. You must be registered to vote by Wednesday, October 14 to be eligible to vote in the General Election in November. Visit www.c-e-w.org/2020VOTE for links to find out if you're registered, and to access forms to register and request an absentee ballot.

#### **Election Reforms in New York State**

Governor Cuomo has signed into law election reforms that will make it easier for New Yorkers to vote and be counted in November. This three-part package:

- allows absentee ballot applications to be submitted to the Board of Elections immediately.
- gives voters the right to request an absentee ballot due to risk of illness to themselves or others, meaning that concern about contracting COVID-19 is now a valid reason for requesting an absentee ballot.
- ensures that all absentee ballots postmarked on or before Election Day or received by the Board of Elections without a postmark on the day after Election Day will be counted. Ballots with a postmark demonstrating that they were mailed on or before Election Day will be counted if received by November 10.

Voters may also drop off absentee ballots at any early polling site, any election day polling site, or until the close of voting on Election Day at the County Board of Elections office at 25 Quarropas Street in White Plains.

#### **Coats for Hope Drive** October

We are partnering with Children's Hope Chest to provide underserved children in Westchester with new warm winter coats. This year we will be providing 15 children with coats, with specific age and size details for each child. Contact Dan at 914-967-4382 x11 or doconnor@c-e-w.org for coat size and age details.

## New Year! New Way!

New is not easy. But in the world of 2020, new is necessary!

Here at Emanu-El, we have embraced our *new* world and have connected in many *new* ways while observing social distancing and all other pandemic protocols. *New* programming was the name of the game as spring turned to



summer, and as we planned and implemented meaningful educational and social opportunities.

And you, our CEW community, embraced our *new* reality with gusto!

In July, David Kaufman shared his passion for the 60's with us with "Jewhooing the 60's", followed by Jonathan Karp's enlightening presentation on "Jews, Blacks and the Music Industry: The Good, the Bad and the Ugly". And while we are actually staying close to home, we virtually traveled to England to hear from author Daniel Lee, who shared his experiences researching and writing his *new* and extremely compelling book, *The SS Officer's Armchair: Uncovering the Secret Life of a Nazi.* 

We engaged with many Westchester congregations during one of our new programs about the movie *Resistance*. Rabbi Goldsmith moderated a memorable evening featuring a Q&A with director Jonathan Jakubowicz and actors Jesse Eisenberg and Bella Ramsey.

As we near the end of summer and look towards the fall, a *new* approach has permeated plans for our religious school. We have worked diligently throughout the summer to create a safe return to school without compromising the educational content or fun! We have devised *new* scenarios and adapted our educational program in anticipation of many *new* "what if?" scenarios. Whatever the case may be, we are ready for *new* opportunities to engage with, to teach and to learn from our students!

The Farah Family Hineini Program will continue to focus on making the world a better place in a *new* way and while observing all safety and social distancing measures. We will kick off the *new* school year helping to paint, build planters and benches and plant gardens through the Fuller Center of Greater New York City. We will be helping create *new* housing for those who need a helping hand. Through the efforts of Fuller Center volunteers these individuals get a *new* lease on life! We will continue to support Making Strides Against Breast Cancer with our own *new* Hineini Making Strides Walk at Rye Playland. The officials at Making Strides were thrilled by our efforts to create our own walk while they have a virtual walk. It is all about adapting safely and finding *new* ways to make a difference!

Hineini will meet via Zoom for an inspirational presentation by life skills educator, Dennis Barton. Dennis is one of thirteen formerly homeless people, featured in the book *Sacred Shelter*. The book follows the lives of the graduates from the life skills empowerment program, an interfaith life skills program for homeless and formerly homeless individuals in New York. Dennis became a mentor at the Interfaith Assembly on Homelessness and Housing. He visits our Hineini students annually and this year, we will meet the *new* way, via Zoom.

At CEW, we are honored to welcome our *new* Director of Education, Naomi Fabes. While she is *new* to our community, she is a seasoned professional, who has embraced our *new* reality. I look forward to teaching the Academy program for 8th and 9th grade students with her. We have worked to create a wonderful in-person (observing all safety protocols) and content-rich program with many *new* "hold onto your hat" fun surprises!

As I continue to prepare for the *new* year in *new* ways, I am thankful to be part of a community that is so responsive and caring.

Please reach out if you have *new* suggestions or concerns, or you just want to chat!

I wish you all a safe, healthy and happy New Year!

Peace & Love,

Jane Dubro, Youth Activities & Program Director

#### Beit Midrash at Home Saturdays, September 12 & October 3, 9:00am Sunday, October 18, 10:30am

This year's Beit Midrash will continue our deep exploration of Jewish ideas and the ways they shape us as Reform Jews today. Starting with our Torah and branching into texts ancient, medieval, and modern, we will combine traditional Jewish study with history, sociology, demographics and contemporary academics to gain insights into our ancient past and our possible futures. More details will be announced over email in the coming weeks.

# Next Step

#### Sundays, September 13 & October 11, 11:00am

This group of men meet to discuss personal issues that they face in retirement. The bonds of friendship and a deep sense of trust have allowed this group to continue for many years. Next Step is facilitated by Paul Spindel (retired executive). For more information, contact Paul at 914-632-1264.

#### Book Club Thursday, September 17, 10:15am

The Splendid and the Vile: A Saga of Churchill, Family, and Defiance During the Blitz, by Erik Larson

**Thursday, October 15, 10:15am** *The Lost Girls of Paris,* by Pam Jenoff

#### Books & Bites Thursday, September 17, 6:30pm

The Water Dancer, by Ta-nehisi Coates

RSVP to Tal at 914-967-4382 x12 or to Marcie at maiuvalasit@c-e-w.org. Newcomers always welcome!



#### Single Malt Torah Thursday, October 8, 8:00pm



Grab your favorite beverage and log on for a Single Malt Torah exploration of Rabbi Goldsmith's favorite holiday of Sukkot with other men from the congregation!

RSVP to Rabbi Goldsmith at 914-967-4382 x13 or hgoldsmith@c-e-w.org.

Can't make this first session? The group will meet on these upcoming Thursdays: November 5, December 3, January 28, March 18, and May 20.

#### Women's Study Group Sukkot Celebration Wednesday, October 7, 5:30pm

Celebrate Sukkot, the holiday of abundance and joy. Whether we eat together in person (socially distanced, of course) or meet online, we'll enjoy engaging with the women of our temple family and also meet our new Director of Education, Naomi Fabes. First timers always welcome! RSVP to Tal at tdrori@c-e-w.org.

The other dates we plan on meeting this year are: Tuesday, December 15: Chanukah Gathering; Friday, January 29 - Saturday, January 30: Retreat; Tuesday, March 23: Passover Gathering.



#### Reflections Workshop with Cantor Stone Monday, October 19, 12:00pm

In this workshop, we find out how our daily life experiences, observations and anecdotes can illuminate and give deeper meaning to our prayers. Through writing on various topics, learning about the themes of prayers, and sharing as a group, we will see prayer in a new light and strengthen connections to one another and our tradition.

RSVP to Cantor Stone at 914-967-4382 x19 or mstone@c-e-w.org.

Unless otherwise noted, the video Zoom address for programs and services is: https://us02web.zoom.us/j/9149674382

Worship services may also be viewed on our Facebook page or webpage; and the audio only dial-in is 1-646-558-8656 (use Meeting ID 914 967 4382).

## Tina Turner & Teshuvah

It's the most wonderful time of the year: the Hebrew month of *Elul*. Not only is it the final month of the Hebrew calendar, but it also precedes the month of *Tishrei*, when Jews around the globe celebrate Rosh Hashanah and Yom Kippur. *Elul* packs a spiritual punch as it is traditionally



considered a time when we engage in *cheshbon hanefesh*, an accounting of the soul, in pursuit of *teshuvah*, repentance.

The name *Elul* itself is said to be an acronym. Each of the Hebrew letters - *alef, lamed, vav, lamed* - representing the first letter of each word in the phrase *Ani Ledodi Vedodi Li*, I am my beloved's and my beloved is mine. You're probably asking yourself "What's love got to do with it?". Lucky for you, Tina Turner asked the same question! While there are many interpretations that address this idea, the most poignant is that the month of *Elul* is dedicated to contemplating and strengthening the most loving relationship of our Jewish existence, that between ourselves and God.

What's so remarkable to me about *Elul* is the dichotomy of feelings conjured as I prepare myself for *cheshbon hanefesh*. I'm excited by the opportunity to tally my achievements from the year, yet struck with anxiety at the prospect of confronting my shortcomings; I'm soothed by the meditative nature of introspection, yet haunted by the residue of my transgressions; I'm worried that my apologies will be met with rejection, yet humbled when met with compassion. These feelings, along with so many others, guide me to contemplate the most fundamental questions about my existence: Who am I? Who do I want to be? Are my actions in line with my intentions? In what ways have I made this world better?

Author and *New York Times* columnist, David Brooks, dives headfirst into this very notion of self-evaluation in his book *The Road to Character*, where he distinguishes between two sets of virtues. Résumé virtues are those written on our curriculum vitae and valued in the contemporary marketplace, including test scores, professional accomplishments, and skills. On the other hand, eulogy virtues are the aspects of our character for which we will be remembered kindness, honesty, compassion, humility. These virtues not only foster meaning in a fragmented world, but these are what make all the difference to our quality of life and the impact we have on those around us. Brooks notes that those with the eulogy virtues "seem to possess an impressive inner cohesion" that grounds them in times of adversity and uncertainty. He so eloquently describes these individuals as emitting "a sort of moral joy" that can have profound effects on their families and communities.

# You're probably asking yourself "What's love got to do with it?".

Though we can't end hunger or bring peace among nations, we can quietly develop the strengths of character that will make a difference in our own lives as well as the lives around us. God has given us the capacity to grow, but even more importantly, a rich and multi-faceted tradition from which we can transform ourselves through the process of *teshuvah* in order to transform the world around us. I invite you to join me on this river-deep, mountain-high soulsearching journey to explore whatever facet of Judaism inspires you to cultivate your virtues so that you may bring your most godly self to this world.

May this year bring you and your family peace, health, security, and infinite blessings. *Shanah Tovah U'metukah!* 

Uuu

Naomi Fabes, Director of Education

# B'nei Mitzvah Mazel Tov! We would like to honor the following students who will become B'nei Mitzvah in September and October : Eliza Barnett Hayden Cohen

Zachary Montone

**Sydney Morris** 

# The Bauman-Green Pre-K & Kindergarten Program: Chag-in-a-Box!

Our Pre-K & Kindergarten program is coming right to your home! Each month, you will receive a Chag-in-a-Box, a holiday-themed care package filled with crafts, recipes, and games for you to make Jewish memories with your loved ones.

Sign up online at https://tinyurl.com/chaginabox For more information, contact Director of Education Naomi Fabes at nfabes@c-e-w.org or 914-967-4382 x15.



This program is funded by the generosity of congregant Dr. Caroline Bauman.

#### 2020-21 Jewish Holidays

September: Rosh Hashanah & Yom Kippur October: Sukkot November: Shabbat December: Chanukah January: Tu B'Shvat February: Purim March: Passover April: Yom Ha'Atzmaut May: Shavuot

# Important Religious School Dates



Tailgate Shabbat & Picnic Dinner Friday, September I I 6:00pm Picnic/6:30pm Service Grab your picnic basket and folding chairs and head to the synagogue parking

lot for a parking lot tailgate! Bring your

own picnic. Our outdoor service will follow with our band and will be simulcast on zoom for those who cannot attend.

Registration is required to ensure that we maintain appropriate physical distance requirements. Register at https://tinyurl.com/CEWtailgate

#### Religious School Opening Day Sunday, September 13

All religious school families are invited to join us for our first day back in our new space, The Underground.

Come see our outdoor classrooms, learn about new procedures, and participate in a special Rosh Hashanah family activity.

Stay tuned for more details coming your way!

#### Hebrew School Opening Day Tuesday, September 15

Every student enrolled in Hebrew School will receive one private 30-minute tutoring session on Zoom each week with one of our Hebrew teachers. These sessions will be scheduled on Tuesdays between 3:30-4:30 or 5:00-6:30pm.

From 4:30-5:00pm all Hebrew School students are expected to attend T'filah. Hebrew tutoring sessions will not be scheduled during this time.



#### Rosh Hashanah Young Families Service Saturday, September 19, 3:00pm Yom Kippur Young Families Service Monday, September 28, 3:00pm

Our youngest congregants and their families are invited for a special live on Zoom service with

Rabbi Goldsmith, Cantor Stone and our new Director of Education, Naomi Fabes.

Music, fun, stories, and joy will shine forth from your screens! Check your High Holy Days care packages for special projects we will enjoy together during these services.

For more information, contact Director of Education Naomi Fabes at nfabes@c-e-w.org or 914-967-4382 x15.

#### Simchat Torah Shabbat Friday, October 9, 6:30pm

We plan to come together in the synagogue parking lot for a unique, outdoor Simchat Torah celebration. While we will not unroll the scroll this year, we do plan on a lively celebration of Torah. We will revel in this joyous holiday with physically distant Israeli dancing led by Shmulik Gov-Ari and music from our temple band. More details will come soon but, for now, mark your calendar to celebrate the source of all our traditions: Our Torah! Registration will be required. Service will be simulcast on Zoom.

#### Save the Dates: Family Learning Services Friday, November 6, 7:00pm Friday, February 5, 7:00pm Friday, May 7, 5:30pm

Experience the magic of Shabbat with your family! Join us for a vibrant service filled with music and learning as we unwind from the busy week and welcome Shabbat into our homes.

# The Farah Family Hineini Program September & October Events

For details on these upcoming programs, contact Jane at jdubro@c-e-w.org or 914-967-4382 x21.

#### Hineini at The Fuller Center for Housing of Greater New York City Sunday, September 13, 11:00am - 11:30am

A great way to kick-off the year helping build a community together. More details to come.

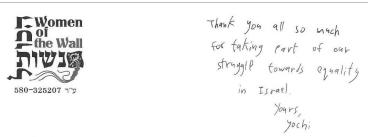
#### Interfaith Assembly On Homelessness & Housing Sunday, October 4, 10:00am

Guest speaker Dennis Barton is featured in the book Sacred Shelter, which tells the stories of formerly homeless New Yorkers. Dennis will share his amazing journey with us on Zoom. More details to come.

#### Making Strides Against Breast Cancer Walk at Playland Park Sunday, October 18, 10:00 -11:00am

This is a powerful and inspiring opportunity to unite as a community to honor breast cancer survivors, raise awareness about steps we can take to reduce the risk of breast cancer, and raise money to help fight against this disease. More details to come.





Tuesday, June 16, 2020

Dear Rabbi Goldsmith, Emily and Members of Congregation Emanu-El Westchester,

Women of the Wall would like to thank you for your contribution of 4 Torah mantles for our project, the Torah mantle parade. We are hopeful that we will still have the parade, once the many regulations surrounding the pandemic have been lifted and we can again congregate in large groups.

WOW has won the right for women to wear tallit and tefillin and to pray aloud as a group at the Western Wall. The one privilege that evades us is access to Torah scrolls for women. There are more than 200 Torah scrolls for public use at the Western Wall, all housed on the men's side. Women may not obtain or read from any of them, nor may women bring in their own scroll.

Therefore, WOW has resorted to covertly smuggling in a Torah scroll, sometimes with success and sometimes not.

The empty Torah mantle parade will emphasize that women are denied the right to Torah scrolls, and that this unjustifiable regulation at the Western Wall must be overturned.

On behalf of the Staff and Board of Women of the Wall, I thank you for partnering with us in this effort. We hope to share photos of the parade so that your community can see your Torah mantles taking their rightful place at this important event.

All the hest

Yochi Rappeport Executive Director Women of the Wall

Women of the Wall

www.womenofthewall.org.il

נשות הכותל

#### Torah Covers for Women of the Wall

Women of the Wall is a group of Jewish women from Israel and around the world who strive to achieve the right to wear prayer shawls, pray and read from the Torah collectively and out loud at the Western Wall (Kotel) in Jerusalem, Israel.

Our Torah covers will be used in a Torah(less) parade which aims to bring attention to a regulation preventing women from using Torah scrolls on the women's side of the Western Wall.



# ACKNOWLEDGEMENTS

#### Our community offers condolences to

Alanna Alkalay on the death of her father Alan Kardon Michele Joseph on the death of her mother Beverly Rosenthal Lilian Sicular & Michael Sicular on the death of son and brother David Sicular

#### Memorial Fund

In memory: Morris Adler Louis M. Barkan Helen Belilovsky Yelena Belilovsky Avigdor Berg Lori Braverman Susan Cantos Herbert & Rita Chestler Arthur D. Emil Jean Fishman Milton Gevirtz Arthur H. & Jeanette Goodman Richard Heller Lenore Herman Toby Joseph Bernard Kabchefsky Robert Kassan Mira Lumelsky Ralph Maxon Norma Meyers Robert Miller Andrew Nathanson Bertram Neimark Lester Neimark Sam Patel Alan Salzman Milton Schlackman Robert Segal Jesse Selignon Sidney Selignon David Sicular David Sicular Leon Skolnick Ethel Sullivan Rose Terdiman Regina S. Weissman

Remembered by: John & Amy Tanenbaum Jaqueline & Alan Stuart Boris, Eugene, Lev, & Alya Belilovsky Emma Tisnovsky Estelle & Stanley Berg Janice & Cliff, Carly, Alex and Jillian Kaplan Lisa Cantos & Jonathan Weidman The Chestler Family Judy E. Tenney Richard & Amelia Bernstein Cliford Gevirtz & Alison Lazarus Lawrence B. & Sachiko Goodman Jean Heller Jeannie & Gerald Kligman Marvin & Ruth Weinstein Evelyn & Stan Lobel Arline & Rich Josephberg Eugene Lumelsky & Family Barbara Benerofe & Harvey Schulweis Susan Greenberg, Wendy Myers, & Sarah Altman The Miller Family Elyse Nathanson Jacqueline Neimark & Robin Neimark Seegal Jacqueline Neimark & Robin Neimark Seegal Andrew & Marcia Patel Laurie & Rich Gersten Jonathan & Helene Rod Lilian Sicular Nancy Gladstone Nancy Gladstone Richard & Emily Cohen Arlene Cole Laurie & Bob Fishbein and Family Sheila & Stuart Steiner and Family IoAnn Terdiman

#### Annual Fund:

- Voluntary Community Support
- Susan Chapro Michael & Arleen Cohen Samantha & Peter Giberga Gary & Karen Juster Robert Miller & Kathy Klingenstein Ken & Jill Novak Cary & Michele Potkin Michael Temple Richard & MJ Wolff

#### Annual Fund: Year End Appeal

Bruce & Dana Freyer

#### Jared Dubro Legacy Fund

Myra Hersh Tom & Peggy LoCastro

#### **General Fund**

Gerald & Shizue Cohen Arlene Cole Myra Hersh in honor of the birth of Billie Pollack Sam & Jill Sheppard Lynn Zimmer

#### **Mortgage Fund**

Lisa Cantos & Jonathan Weidman

#### **Rabbi's Discretionary Fund**

Alfred & Barbara Bright Arlene Cole

#### Sisterhood

Gary & Karen Juster Ken & Jill Novak Richard & MJ Wolff

#### **Social Action Fund**

Gary & Karen Juster Ken & Jill Novak Peter Schweitzer in memory of Joan Bull Peter Schweitzer in memory of Sophie White Richard & MJ Wolff

Donations processed after August 20 and all High Holy Day donations will appear in the next bulletin. If you have any questions, please call Abbie at 914-967-4382 x18.

Harriet & Paul Weissman

# SEPTEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 6:00pm Lay Led Shabbat	5
6	7 Office Closed for Labor Day	8 7:00pm Bingo Night	9 6:00pm Madrich Orientation	10	l I 6:00pm Picnic Dinner 6:30pm Tailgate Shabbat	12 9:00am Beit Midrash 11:00am Eliza Barnett Bat Mitzvah Ceremony 7:30pm Communal Selichot Service
13 Religious School Opening Day Pod 1: 9:00-10:15am Pod 2: 10:45am-12:00pm I 1:00am Next Step	14 7:15pm Academy First Session	15 Hebrew School Individual Zoom Tutoring: 3:30-4:30pm 5:00-6:30pm T'filah (Zoom): 4:30-5:00pm 7:30pm Board Meeting	16	17 10:15am Book Club 6:30pm Books & Bites	18 7:30pm Erev Rosh Hashanah Service <b>Erev Rosh Hashanah</b>	19 10:00am Morning Service 12:30pm, 1:15pm & 2:00pm Drive in Shofar Services 3:00pm Young Families Service Rosh Hashanah
20 9:00am Sanctuary Personal Reflection Time & Location TBA Tashlich No Religious School Rosh Hashanah Day 2 & Tashlich	21 7:00pm Sanctuary Personal Reflection 7:15pm Academy	22 12:00pm Sanctuary Personal Reflection Hebrew School Individual Zoom Tutoring: 3:30-4:30pm 5:00-6:30pm T'filah (Zoom): 4:30-5:00pm	23 2:00pm Sanctuary Personal Reflection	24 6:30pm Committees in Community 7:00pm Sanctuary Personal Reflection	25 I 1:00am Sanctuary Personal Reflection 6:30pm Shabbat Shuva Early Service <b>Shabbat Shuva</b>	26 I I:00am Sanctuary Personal Reflection
27 Religious School Pod 1: 9:00-10:15am Pod 2: 10:45am-12:00pm 7:30pm Kol Nidre Service <i>Kol Nidre</i>	28 10:00am Morning Service 11:30am Torah Service 1:30pm Study Session 3:00pm Young Families Service 4:30pm Yizkor & N'ilah 5:30pm Break Fast at Home <i>No Academy</i> <b>Yom Kippur</b>	29 No Hebrew School	30			

# OCTOBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 6:30pm Early Erev Sukkot Service	3 9:00am Beit Midrash I I:00am Sydney Morris Bat Mitzvah Ceremony
					Erev Sukkot	Sukkot
4 Religious School Pod 1: 9:00-10:15am Pod 2: 10:45am-12:00pm	5 7:15pm Academy	6 Hebrew School Individual Zoom Tutoring: 3:30-4:30pm 5:00-6:30pm T'filah (Zoom): 4:30-5:00pm	7 5:30pm Women's Study Group Sukkot Celebration	8 8:00pm Single Malt Torah	9 6:30pm Simchat Torah Shabbat	10 9:00am Sukkot & Shmini Atzeret Yizkor Service
 No Religious School   :00am Next Step <b>Simchat Torah</b>	12 No Academy Office Closed for Columbus Day	13 Hebrew School Individual Zoom Tutoring: 3:30-4:30pm 5:00-6:30pm T'filah (Zoom): 4:30-5:00pm	14	15 10:15am Book Club	16 6:30pm Early Service	17
18 Religious School Pod 1: 9:00-10:15am Pod 2: 10:45am-12:00pm 10:30am Beit Midrash 7:00pm Sunday Film Series	19 12:00pm Reflections Workshop 7:15pm Academy	20 Hebrew School Individual Zoom Tutoring: 3:30-4:30pm 5:00-6:30pm T'filah (Zoom): 4:30-5:00pm	21	22 7:00pm Conversation on Racism in the US with Eric Ward	23 7:30pm Shabbat Service	24 I I:00am Hayden Cohen Bat Mitzvah Ceremony
25 Religious School Pod 1: 9:00-10:15am Pod 2: 10:45am-12:00pm	26 7:15pm Academy	27 Hebrew School Individual Zoom Tutoring: 3:30-4:30pm 5:00-6:30pm T'filah (Zoom): 4:30-5:00pm	28	29	30 4:30pm Zachary Montone Bar Mitzvah Ceremony 7:30pm I'm A Cultural Jew	31



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# SEPTEMBER - OCTOBER SHABBAT SERVICES

September 4 6:00pm Lay Led Shabbat Service

September 11 3 = 6:00pm
6:30pm
Tailgate Shabbat in the Parking Lot

September 18 7:30pm Erev Rosh Hashanah Service

September 25 6:30pm Shabbat Shuva Early Service

October 2 6:30pm Early Erev Sukkot Service

October 9 J 💭 📩 6:30pm Simchat Torah Shabbat

October 16 6:30pm Early Service

October 23 7:30pm **Service** 

October 30 🎜 💻

7:30pm I'm A Cultural Jew

🎜 Band 🛛 🔤 Prayers projected

👍 Family Friendly

## Conversation on Racism with Eric Ward of Race Forward Thursday, October 22, 7:00pm



We join with a coalition of synagogues for a program with Eric Ward of Race Forward. A national expert on the relationship between hate violence and preserving democratic institutions, governance, and inclusive

societies, Eric brings nearly 30 years of expertise in community organizing and philanthropy to his role as Western States Center's Executive Director. This leader in the fight against neo-Nazis and white supremacy will help us reflect on race in America today and provide us with frameworks we can use to imagine a more just future for all Americans.



Details to register will be released shortly.

This event is co-sponsored with Jewish Community Center of Harrison, KTI, and Community Synagogue of Rye.

