



# Rosh Hashanah Day 2 Nature Walk & Tashlich at the Edith G. Read Wildlife Sanctuary (2) Wednesday, September 8 10:15am Nature Walk, 11:00am Tashlich

It is in the wilderness where our tradition finds its roots and natural places provide a unique setting to connect to our heritage. The paths of the beautiful Edith G. Read Wildlife Sanctuary (reached by driving through the Playland parking lot) provide an ideal location for a 45-minute nature walk to consider the world in which we live as we celebrate creation. This walk is open to all ages and will be a fun, meaningful way to continue the Rosh Hashanah celebration. (Please remember to wear walking shoes.) Following our walk, we move to the beach for a beautiful Tashlich ceremony. See pg. 2 for directions.

### New Year, New Look!

New contemporary sanctuary carpeting and seating; energy saving LED lighting; improved safety measures; and more! We're excited to share with you all of the wonderful things happening at Emanu-El!

### **New Program Icons**

With many of our programs now multi-access, we wanted to make sure that the congregation is aware which programs are meeting in-person and online. Here are the icons we'll be using to let you know how you can take part in services and programs:







# Shabbat BBQ Dinner, Sukkot & Simchat Torah Celebration with Israeli Dancing (2) Friday, September 24 6:00pm Dinner, 7:00pm Service

Sukkot is also known as *zman simchateinu*, time of our rejoicing. Together we will share in the celebratory spirit of our festivals including the annual unrolling of our Torah scrolls and Israeli dancing. An intergenerational celebration for the entire congregation! Before the service, check out the gallery opening for Michael Albert. RSVP at tinyurl.com/CEWSUKKOT

### Pop Artist Michael Albert Gallery Opening Friday, September 24, 6:00pm



Two years ago, Michael spent an evening creating art with our Religious School families. Now, we are happy to welcome him back for a solo show. His work has evolved from doodles and pen and ink,

to serious wax oil drawings, to the cubist mosaic cereal box collages (Cerealism) he has become known for.

# Hummus! The Movie & Hummus Tasting with Chef René León (2) Thursday, October 21, 7:00pm



It unites. It divides. It's delicious. This documentary shows how food can bring people together. Secret recipes, a Guinness World Record and the power of hummus to bring Muslims, Christians and Jews together in

the Middle East, America and around the world. Beyond the mystique and competition, beyond arguments over who makes the best hummus and even beyond religious and political divides, *Hummus! The Movie* showcases the personal stories of the people who simply live their lives and love their hummus.

Following the film, we invite you to stay for a hummus tasting with Chef René León who acquired his passion for food as a child growing up on his family's small farm in rural Ecuador. RSVP at tinyurl.com/CEWHUMMUS

### 2021/5782 High Holy Day Services & Events

Links to view these services online will be emailed to congregants shortly before the times listed below.

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7:30pm Service

Please note this is the only evening service.

## Rosh Hashanah Tuesday, September 7

10:00am Morning Service

1:45pm Youth Service (grades 3-7) 3:00pm Young Families Service

3:30pm Taste of Sweetness Rosh Hashanah

Celebration for Young Families

# Nature Walk & & Tashlich at the Edith G. Read Wildlife Sanctuary in Rye (2) Wednesday, September 8

10:15am Nature Walk 11:00am Tashlich

The Edith G. Read Wildlife Sanctuary is located behind Playland. Drive through the Playland parking lot, past the Dragon Coaster and meet at the Edith G. Read parking lot.

### Shabbat Shuva (2) Triday, September 10

7:30pm Service

### 

6:00pm Service 8:30pm Service

### Yom Kippur (2) Carry Thursday, September 16

10:00am Morning Service

1:15pm Youth Service (grades 3-7)2:15pm Young Families Service

3:00pm Afternoon Service

3:30pm A Healing Service of Music

& Meditations

4:00pm Yizkor/Memorial Service 4:45pm N'ilah/Concluding Service

#### **COVID-19 Protocols**

Due to the evolving nature of the Delta variant and associated community transmission rates, all congregants and guests will now be required to wear masks during High Holy Day services. In order to maintain a safe space for all, congregants and guests are required to show proof of a COVID-19 vaccination or negative COVID-19 test in order to gain entry to indoor temple spaces.

If you are fully vaccinated, submit your proof of vaccination ahead of time by providing an image of your COVID-19 Vaccination Record Card or Excelsior Pass at **tinyurl.com/CEWcovid** 

If you are not vaccinated and wish to attend, proof of a negative COVID-19 antigen or PCR test will be required when you enter the sanctuary. Antigen tests must be administered within 24 hours of entry and PCR tests within 72 hours of entry.

### At Home Worship

For those congregants who wish to attend services remotely, we will be providing a professional, high quality livestream of sanctuary services. Links will be emailed ahead of each service. Mishkan T'Filah prayer books will also be available in digital format at www.c-e-w.org

If you plan to participate at home, prayer books will be available for pick up before the High Holy Days on Wednesday, September 1, 1:00 - 3:00pm. Contact Dan at doconnor@c-e-w.org or 914-967-4382 x1011 to reserve prayer books for at home use. Prayer books are only available to congregants. All prayer books must be returned no later than Friday, October 1.



2125 Westchester Ave East Rye, New York 10580

www.c-e-w.org Phone: 914-967-4382

### **Staff Directory**

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# Unless otherwise noted, the Zoom address for regular programs and services is: tinyurl.com/cewconnect

Worship services may also be viewed on our Facebook page or website.

### B'nei Mitzvah Mazel Tov!

We would like to honor the following students who will become B'nei Mitzvah in September & October

### Abby Coffey Charlie Sindell Sasha Steiner Dani Wishnow



### **Temporal Folds**

My profound inner monologue on my way to work: "Should I get gas? Should I do it later? I've got a million calls I need to make from my desk. But I'm running low and once this car shows a ¼ tank I've really only got a few gallons left. Ok, I'm getting it."



I pulled into the gas station on the Hutch. The pumps on the right side were filled so I eased to the left grateful for the "extra long hoses" that could reach around the car. The credit card reader on the first pump wasn't working. ARGH! So, I pulled forward to the third pump once it opened up. Then I heard:

"Howie?!"

I knew the face, but I couldn't quite place it. Someone from the temple? No, I didn't think so. Someone from high school? From college? As the wheels were spinning he said, "Lee Nenstiel!" In that instant, a million memories flooded through my head. Lee and I were teammates on our cross-country bike trip in 1999. For nine weeks we pedaled across America from The Golden Gate Bridge to the Capitol Building. For nine weeks we did service projects in support of people with disabilities. For nine weeks we formed memories and shared experiences that profoundly shaped our lives.



Time has a funny way of folding in on itself. Life — which usually feels oh so linear — sometimes feels like a circuitous journey. Experiences from long ago seem to repeat themselves; if not the experiences, then the feelings. People we do not think about for years or decades suddenly come back to us in a dream, online, or at a gas station on the Hutch. And, with those people, come

memories of who we were, the dreams we had, the goals we pursued. And then questions: Have I realized those dreams? Have I achieved those goals? How have I changed the world? How has the world changed me?

If time sometimes feels folded on top of itself, then the High Holy Days are the center of an annual pinwheel, the point at which all the folds come together year after year. The setting, the music, the prayers, the people – all

of them act like a temporal vortex. We experience not only this New Year, but every Jewish New Year on which we were conscious of the blast of the shofar. We not only remember, we experience our grandparents lighting Holy Day candles, sitting with our parents in synagogue, celebrating joys, and mourning losses. As time folds in on itself each year we cannot help but reconnect with who we were, who we are, who we might become. This half step out of the regular flow of time, disconcerting as it sometimes feels, is a gift from our tradition that allows us to contemplate and strive for the highest and best version of ourselves.

Time has a funny way of folding in on itself. Life – which usually feels oh so linear – sometimes feels like a circuitous journey.

Lee Nenstiel had to get back on the road for a work commitment before heading home to Minnesota. I had to get to the temple and my endless to do list. So we embraced, promised to do a better job keeping in touch, and headed our separate ways. And still, that brief encounter on the side of the road reconnected me with a younger, idealistic version of myself. I have faith that that idealism will make my days a bit better. I have faith that temporal magic and idealism of the High Holy Days will make the year better for each one of us.

L'Shana Tova,

Howard J. Goldsmith, Rabbi

### **A Narrow Bridge**

Have you ever found yourself humming a tune, only to realize later why that particular song popped into your head? So it's been with me lately with the classic Israeli song, *Gesher Tsar M'od*, with lyrics attributed to the Chassidic rebbe



Nachman of Bratslav: All the world is a very narrow bridge; the essential thing is not to be afraid.

These words capture an uncertainty which, prior to last year, we hadn't been accustomed to when planning our events at the temple. At the time of this writing, the High Holy Days are still weeks away. Not so long ago, we (literally) took off our masks, resumed long delayed in-person celebrations, and forged optimistically ahead. At the temple, we anticipated and laid plans for an almost entirely in-person return. We are still optimistic, but the surge in COVID-19 cases from the Delta variant has the CDC changing its recommendations, and has us all wondering what will really be. *Gesher Tsar m'od* - we walk a narrow bridge!



The image of a long, rickety suspension bridge is reflected in the slow, plaintive melody of the song: *kol haolam kulo gesher tsar m'od* - all the world is a very narrow bridge. The bridge swings over a deep chasm of the world's woes. It only takes a glance at the daily headlines to become discouraged and despairing. We mustn't lose our footing!

In early August, local Westchester cantors started a conversation online asking one another about their temple's respective plans for handling their High Holy Day singers. Would they be masked? Distanced? Piped in from another part of the temple? The interchange escalated into worry: will we need to be completely virtual? What if we, ourselves, catch COVID-19?! What will the temple possibly do if we are too ill to sing? Reading these quickly accumulating messages

triggered my anxiety until, thankfully, a colleague replied that every year at the High Holy Days numerous things can and sometimes do go wrong. The power could go out, the musicians might show up late, we could get laryngitis!

These words capture an uncertainty which, prior to last year, we hadn't been accustomed to when planning our events at the temple.

The song's pace and plaintive tune pick up in the second section: *v'ha-ikar lo l'fached klal*, the essential thing is not to be afraid. The music reminds us we cannot become subsumed by the ills of the world. Since we can't possibly control every contingency, we need to surrender to the uncertainty of the moment. If the pandemic has taught us anything, it's that we have to be flexible, ready to "pivot" at any time, and march forward on our narrow bridge. Our High Holy Day services will indeed go on, in whatever fashion is deemed reasonable and safe.

As we pick our way across the bridge, we are aware that each step is precarious. Yet we keep our balance by lifting our gaze ahead to the beauty and gifts of the world, the blessings of each day, the love of family and friends, and the warmth and community of our congregation.

Meredith Stone, Cantor



### Let's make music, together!

Do you play an instrument and read music? Did you (or your spouse/partner) play in your college band or sing in your high school chorus? Here's a reason to dust off your voice or instrument: I would love to give you the opportunity to play or sing (a meditation, a solo or duet, an accompaniment) at a Shabbat service.

Interested? Want to hear more? Contact me at mstone@c-e-w.org or 914-967-4382 x1019.

### REFLECT & ELEVATE



There are four times throughout the year when we traditionally come together as a community to remember those who have passed away: Yom Kippur, Shemini Atzeret, Passover and Shavuot.

Yom Kippur Yizkor Service (2) Thursday, September 16, 4:00pm

Shemini Atzeret Yizkor Service (2) Monday, September 27, 7:30am

### Sacred Stories Shabbat (2) Triday, October 15, 7:30pm

We are inspired by the sacred sparks we see in ordinary and extraordinary stories congregants share with us all. Our thematic Sacred Stories Shabbat services combine congregant reflections with a musical twist, guest speaker, or deeper learning.

All of these services inspire as they connect us to each other and our tradition, while the joyful music of our band uplifts these services.

### **Ritual Corner**



Everyone knows about apples and honey. But, did you know that the pomegranate is also bursting with Jewish symbolism and is especially meaningful on Rosh Hashanah?

There is a Sephardic tradition of having a Rosh Hashanah seder featuring a number of different fruits. Before eating the pomegranate, one recites, "May we be as full with mitzvot as the pomegranate is filled with seeds." Indeed, the Talmud (erroneously) suggests that pomegranates have 613 seeds, one for each mitzvah in the Torah.

One lovely Rosh Hashanah tradition is to incorporate a new fruit – or a fruit one has not eaten in a long time – into the Rosh Hashanah meal. The pomegranate is often used as that new fruit. Jews have been enthusiastic about pomegranates throughout our history. We find images of them on coins unearthed from ancient Israel. They are also a traditional symbol on Torah crowns which, in Hebrew, are called *rimmonim* – the Hebrew word for pomegranate!

This fruit is not only rich in anti-oxidants, it is rich with Jewish meaning!

### **High Holy Day Appeal**

Dear Friends,

The High Holy Days are a time for meaningful connection with our Judaism and our congregation. They give us the time and space to reflect on our past year and look forward to the future with hope. We have much to be grateful for this year as we gather together again in person and online. All of this makes the High Holy Days a good time to support our community with a contribution to the Annual Fund.

The Annual Fund provides the necessary resources to ensure that we can welcome anyone who wishes to join Emanu-El, enabling us to continue enriching our congregation through the diversity and inclusivity of our membership. The Annual Fund also helps fill the gaps in our operating budget not met by dues, tuition, and fees. As you think about your gift this year, please remember that your vital support helps make us the wonderful community we are today.

You can make your donation using the cards you will find in our prayer books during High Holy Day services or online at www.c-e-w.org then click on "Give".

If you would like to discuss your gift, please feel free to reach out to me at majleew@gmail.com.

I look forward to seeing you during the High Holy Days and in the days to follow. Thank you in advance for joining me in supporting the Annual Fund.

Best regards,

Maj Wickstrom

Fundraising Committee Chair Vice-President, Board of Trustees

Maj Wielstron

#### **Social Action Drives**

It is more important than ever that we continue our acts of *tikkun olam* (repairing our world) in our communities. To learn more about how you can get involved, contact Social Action Committee Chair Hedy Cardozo at hedozo@aol.com.

#### 2021-22 Collections

September: Food Drive for Feeding Westchester October: Coat Drive for Children's Hope Chest November: Have A Heart Gift Drive for WJCS

December: Afya Collection January: 914Cares Collection

February: Art Supply Drive for Pleasantville Cottage School

March: Pasta Collection for Local Food Pantry April: Midnight Run/Brunch Run Collection May: Pajama & Book Collection for 914Cares

June: Gently Used Backpack Drive for Midnight Run

### High Holy Day Food Drive for Feeding Westchester Tuesday, September 7 - Thursday, September 16

Let's continue the tradition of collecting food for the Feeding Westchester Annual High Holy Day Food Drive. Feeding Westchester is part of a network that expertly sources and distributes food and resources to feed people who are hungry in every town in Westchester. Grocery bags will be available at High Holy Day services.

### Coats for Hope Drive Friday, October 1 - Friday, October 15

We are partnering with Children's Hope Chest to provide underserved children in Westchester with *new* warm winter coats. This year we will be providing 15 children with coats, with specific age and size details for each child.

Contact Dan at 914-967-4382 x1011 or doconnor@c-e-w.org for coat size and age details.



## Midnight Run to NYC Sunday, October 10, 6:00 - 10:30pm

Adult congregants are invited to join our teens on the first Midnight Run trip of the year. See page 13 for more details.

For information and to RSVP, contact Jane at jdubro@c-e-w.org or 914-967-4382 x1021.

### Get Involved - Join a Committee!

We have a number of committees that would welcome your participation, input, and support. If you are interested in volunteering, contact President Emily Cohen at emilydcohen@gmail.com or Temple Administrator Abbie Levitt at alevitt@c-e-w.org or 914-967-4382 x1018.

### **Social Justice Committee Update**

The Social Justice Committee focuses on a 3-pronged advocacy approach to effect social change, along with community partners.

On the LOCAL level we partner with other religious communities to advocate for Westchester County social justice issues.

On the STATE level we partner with RAC-NY (New York's Religious Action Center) and advocate for issues of social justice that are being considered by the legislative and executive branches of New York State government.

On the NATIONAL level we partner with the Reform Movement's Religious Action Center (RAC) to advocate on behalf of social justice issues being considered in Congress and by the current administration.

If you would like to learn more about the Social Justice Committee or join in any of our advocacy efforts, please reach out to committee co-chairs Hedy Cardozo at hedozo@aol.com or Marcie Aiuvalasit at maiuvalasit@c-e-w.org.



### Everything you wanted to know about Israel but were afraid to ask!

No need to fear, we are here to answer your questions as we explore our connection to and deepen our knowledge of Israel.

The summer bulletin began a year-long focus on all things Israel. It offered a

taste of why and how many congregants love and connect to Israel. I hope it piqued your interest for all of our Israel-focused programming that will take place this year.

Whether you join us for some or all of our programs, I know you will find them stimulating, engaging and empowering.

Below are just some highlights of what's in store:

#### Film

Our film series focusing on Israel will now be on Thursday evenings. We will screen five inspiring films, beginning on October 21 with *Hummus! The Movie*. While entertaining, this film also demonstrates how food can bring people together. And of course, we couldn't end the evening without a delicious hummus tasting with Chef René León. Please note that our film screenings and all programs will be multi-access that can be attended in-person or joined over Zoom.

#### Guest Speakers

Some of our educational programming will feature discussions with IDF soldiers, past and present. Author Corey Feldman, a Westchester native who served in the IDF will share some of his experiences as a 'lone soldier' as depicted in his recently published memoir, A Line in The Sand. We will also Zoom with a female IDF combat soldier along with Debbie Zimelman, author of Women on the Front Lines: Inside the Combat Units of the Israeli Army.

#### <u>Art</u>

The Damson Family Gallery will be home to a winter display of many photos taken by our congregants on past ttrips to Israel. What better way to whet your appetite for the upcoming family trip to Israel August 19-28, 2022 (see pg. 10 for details)!

#### **Current Events**

Are you confused by the many conflicting news reports on Israel? You won't want to miss Nefesh B'Nefesh (Soul to Soul) speaker Laura Ben David. She will explore Israel advocacy in the world of social media. What's true and what's false? Why is it so challenging for Israel to tell its story and be heard?

#### Religious School

Our students will have a wide range of opportunities to engage in Israel-rich education with students from other congregations. Israel Mondays, a joint program with Community Synagogue of Rye, will allow our Academy, Confirmation, and 11th and 12th grade students to explore the history of Israel, the Israeli-Palestinian conflict, and how we can support Israel. It is our hope that our college-bound students will gain an understanding of these very complex issues and will be prepared to serve as advocates and ambassadors for Israel on their college campuses.

#### Performances

Save the date: Friday, January 14 for a special Shabbat program with actor-performer-playwright, Robbie Gringras, who will perform his latest solo show, *The Gate*, an exploration of Jewish-Arab relations in Israel. Robbie will share his lightness of touch, thoughtfulness, and depth of emotion that has been the hallmark of his physical story theater over two decades of international performances.

Over a hundred years ago Theodor Herzl said "If you will it, it is no dream". Israel is no longer a dream. It's an amazing reality. I hope that the coming year will bring all Jews together as *Am Yisrael Chai* (the people of Israel live) united throughout our world.

Wishing you a *Ketivah v'Chatima Tova*, a good inscription and sealing in the Book of Life.

Peace & Love,

Jane Dubro, Youth Activities & Program Director

### Next Step

### Sundays, September 12 & October 17, 11:00am

This group of men meet to discuss personal issues that they face in retirement. The bonds of friendship and a deep sense of trust have allowed this group to continue for many years. Next Step is facilitated by Paul Spindel (retired executive). For more information, contact Paul at 914-632-1264.

## Sukkah Build This event has been canceled. Saturday, September 18, Time TBA



"You shall dwell in Sukkot seven days, every citizen in Israel shall dwell in Sukkot." - Leviticus, 23:42

Help us fulfill this commandment - with power tools! Come help build the congregational sukkah so we can celebrate the joyous

festival of Sukkot here at Emanu-El.

If you are interested in helping build, contact Jamie at 914-967-4382 x1026 or jvillarie@c-e-w.org.

### Book Club Thursday, September 23, 11:30am

The Last Kings of Shanghai: The Rival Jewish Dynasties That Helped Create Modern China by Jonathan Kaufman



The Sassoons and the Kadoories, two Jewish families from Baghdad, had long been successful in business, politics, and society. They kept up their intrigues and opium smuggling while helping to rescue 18,000 Jews from Hitler's

Europe, and though they soon faced the tsunami that was communism, their legacy remains today.

### Thursday, October 21, 10:15am

The Color of Love: A Story of a Mixed-Race Jewish Girl by Marra B. Gad



An unforgettable memoir about a mixed-race Jewish woman who, after fifteen years of estrangement from her racist great-aunt, helps bring her home when Alzheimer's strikes.

RSVP to Marcie at maiuvalasit@c-e-w.org. Newcomers welcome!

### Women's Study Group Sukkot Gathering Thursday, September 23, 6:30pm



We are excited to kick off a new year of in-person events by celebrating Sukkot, our festival of thanksgiving, abundance and gratitude. We come together, at last, in gratitude and joy! More information to come!

### 

In Beit Midrash (which means House of Study) we will take an in-depth approach to Jewish Study with a special focus on Israel. We'll look at texts, ancient and modern, to understand the land, people, and modern State of Israel. From the earlier Zionists to contemporary commentators, we'll test ideas against the values of our Torah to help us refine our own thinking about Israel's place in the 21st century Jewish landscape. In other words, we will explore the most important Jewish ideas we're wrestling with today.

Taught by Rabbi Goldsmith and a special guest or two, the course will meet approximately twice a month on Saturday and Sunday mornings. On Sundays, we will look at these issues through historical, sociological, and demographic lenses. On Shabbat mornings, we will strive to understand these ideas through study of our sacred texts – linking contemporary texts to our years long practice of Shabbat morning Torah study at Emanu-El. Each session will stand on its own – thus attendance at every session is not required. But, of course, attending more sessions will help you acquire greater depth of understanding and breadth of context.

To learn more about Beit Midrash and to RSVP, contact Rabbi Goldsmith at 914-967-4382 x1013.

### Sukkot Open House at the Goldsmiths' Sunday, September 26, 4:00pm



After the seriousness of the High Holy Days, it is great to spend time outside eating and drinking with friends and family.

Please join Howard, Jennifer, Lev, and Talia in their backyard

sukkah. There will be lulavs for shaking, cookies for eating and, of course, wonderful congregants to spend time with.

RSVP to Dan at doconnor@c-e-w.org or 914-967-4382 x1011. Or just come by!

### Reflections Workshop with Cantor Stone Monday, October 4, 12:00pm

Our Reflections Workshop finally resumes in person this year. After sharing lunch, we'll write on various topics and discuss as a group, strengthening connections to one another and to our tradition. Our services are enriched by writings from this workshop. Newcomers are always welcome - no experience necessary!

RSVP to Cantor Stone at 914-967-4382 x1019 or mstone@c-e-w.org.

## Single Malt Torah (2) Thursday, October 14, 8:00pm



Men of the congregation join together for fine scotch and Torah learning with Rabbi Goldsmith. Topics range from contemporary questions of Jewish society to issues in Israel to exploration of our sacred texts.

### 

Have you discussed your health care or end of life choices with your spouse or children? Have you talked to your parents about their wishes? Do you find it challenging to begin these conversations? Our panel of experts will provide both information and answers to your questions. Panelists include Sara E. Meyers, Elder Law Attorney; Margaret DeRose, LMSW Geriatric Care Manager; and Heidi Weiss, WJCS Licensed Social Worker and Healthcare Specialist. Open to the community. RSVP to Jane at 914-967-4382 x1021 or jdubro@c-e-w.org.

### Travel to Israel with Emanu-El August 19-28, 2022

There is no better way to experience Israel than on a life changing congregational trip with Emanu-El.

Rabbis Howard and Jennifer Goldsmith will lead a family trip to Israel. We will, of course, visit all the major sites. And we will, of course, have a ton of fun, stay in beautiful places, and eat amazing food. But it will be so much more than a tourist trip because, with the help of our rabbis, we will discover what Israel means to us as Jews from Westchester, we will discover what Israel awakens inside us. Don't miss this trip of a lifetime! Check out all the information and register at https://tinyurl.com/IsraelCEW

Have questions or want to discuss? Give Rabbi Goldsmith a call at 914-967-4382 x1013.

### Israel Mondays (2)

During and following the recent conflict between Israel and Hamas, we saw intense anti-Israel sentiment on college and high school campuses and social media outlets. This was echoed by slightly more nuanced anti-Israel sentiment in the main stream news media. While mainstream support for Israel held in Congress and the White House, for the first time in a long time, US support for Israel is no longer a foregone conclusion. Indeed, what it means to support Israel is a moving target.

This year, once a month, we will delve into the many ways to support Israel in 2021. Where did the conflict begin and what are its dynamics? What does it mean to be a progressive Zionist? A centrist Zionist? A centerright Zionist? How can we each build a personal Zionism that aligns our deeply held values with the realized dream of Jewish sovereignty? A series of speakers will help us unpack these questions with room for rich, civilized discussion and debate. They will take place in-person at Emanu-El or Community Synagogue of Rye. An online option will be available for those who cannot attend in-person.

#### **Session Dates & Topics:**

Monday, October 18, 7:00pm A Quick History of the Modern State of Israel

Monday, November 15, 7:00pm A Quick History of the Israeli-Palestinian Conflict

Monday, December 13, 7:00pm Progressive Zionism

Monday, January 24, 7:00pm Centrist Zionism

Monday, February 14, 7:00pm Center-Right Zionism

Monday, March 21, 7:00pm A Palestinian Perspective

Monday, April 4, 7:00pm Constructing a Personal Zionism

### Political Staffer Meeting Friday, October 22, 9:00am

Meet with the staffers from the offices of our elected officials to learn about current issues and give your input on policies and questions facing our government. Guest to be announced soon.

### The Multiple Intelligences of Jewish Life

I want you to close your eyes and picture Judaism. What do you see? A hanukkiyah on your window sill, beautifully displaying nine candles or your loved ones sitting among a sea of familiar faces during Friday night services? How about if I were to ask you to imagine the smells of Judaism?



Do you smell a freshly baked challah or your Bubbe's brisket that she serves every year on Passover? Now, I want you to imagine the sounds of Judaism. Do you hear the boom of the shofar on Rosh Hashanah or the sound of children running through the halls after a community Shabbat dinner? How about if I asked you to imagine how Judaism feels? Do you feel the warm embrace of your Religious School teacher as she welcomed you into your classroom on a Sunday morning or your body moving along to the rhythm of Roll Into Dark? Regardless of what you had in mind for each of these reflections, I'm sure your senses were flooded with the vibrancy of Jewish life. I think it goes without saying that Judaism is a multi-sensory experience, one that envelops your entire being and enables you to feel joy, belonging, and a strong sense of identity.

Not too long ago, Howard Gardner, a developmental psychologist and professor at Harvard University, presented a theory that supports this notion of wholeperson learning and experience, a theory that we now refer to as the Theory of Multiple Intelligences. Gardner identified seven distinct intelligences which address the extent to which people possess different kinds of minds and therefore learn, remember, perform, and understand in different ways. He proposes that we are all able to know the world through language, logical-mathematical analysis, spatial representation, musical thinking, the use of the body to solve problems or to make things, an understanding of other individuals and an understanding of ourselves. Where individuals differ is in the strength of these intelligences and the ways in which such intelligences are invoked and combined to carry out different tasks, solve diverse problems and progress in various domains.

These multiple intelligences can be nurtured and strengthened or ignored and weakened. Gardner's research from 1991 identified seven intelligences, but since then, he has come to believe there are a total of nine intelligences:

Verbal-Linguistic Intelligence: Well-developed verbal skills and sensitivity to the sounds, meanings and rhythms of words.

Mathematical-Logical Intelligence: The ability to think conceptually and abstractly, and the capacity to discern logical or numerical patterns.

Musical Intelligence: The ability to produce and appreciate rhythm, pitch and timbre.

Visual-Spatial Intelligence: The capacity to think in images and pictures, to visualize accurately and abstractly.

How about if I asked you to imagine how Judaism feels?

Bodily-Kinesthetic Intelligence: The ability to control one's body movements and to handle objects skillfully. Interpersonal Intelligence: The capacity to detect and respond appropriately to the moods, motivations and desires of others.

Intrapersonal Intelligence: The capacity to be self-aware and in tune with inner feelings, values, beliefs and thinking processes.

Naturalist Intelligence: The ability to recognize and categorize plants, animals and other objects in nature.

Existential Intelligence: The sensitivity and capacity to tackle deep questions about human existence, such as the meaning of life, why we die and how we got here.

One of the most significant results of the theory of multiple intelligences is how it has provided a multitude of potential pathways to learning. If someone is having difficulty connecting to a concept in a verbal-linguistic way, the theory of multiple intelligences suggests several other ways in which the material might be perceived to facilitate a better understanding, and therefore a stronger connection. One doesn't have to learn something in all eight ways. However, simply knowing the possibilities available can enable you to decide which particular pathways interest you the most or seem to be the most effective learning tools. This exemplifies what I appreciate most about Judaism: it isn't a one-size-fits-all experience, and instead, has the capacity to speak to each of us in a way that is unique and meaningful to who we are at our core.

Naomi Fabes, Director of Education

### RELIGIOUS SCHOOL



## The Bauman-Greene Pre-K & Kindergarten Program &

This program is funded by the generosity of congregant Dr. Caroline Bauman.

Our pre-k and kindergarten program gives your little ones a taste of Religious School! Each session highlights the unique rituals and celebrations of each Jewish holiday through a variety of artistic explorations.

All pre-k and kindergarten programs are followed by Young Family Celebrations at the temple – fun for the whole family. Free and open to the community.

For more information and to RSVP, contact Naomi at nfabes@c-e-w.org or 914-967-4382 x1015.

All classes meet from 9:30 - 10:45am on Sundays.

#### 2021-22 Schedule

Shabbat Sunday, October 24
Chanukah Sunday, December 5
Tu Bishvat Sunday, January 9
Purim Sunday, March 13
Passover Sunday, April 3
Yom Ha'atzmaut Sunday, May I

### Save the Dates: Family Learning Shabbat

Experience the magic of Shabbat with your family! Join us for a vibrant service filled with music and learning as we unwind from the busy week and welcome Shabbat. Our family learning experiences are a core component of Jewish education at Congregation Emanu-El and will take place on Friday evenings to bring together all our students have learned as we celebrate Shabbat with family and friends.

Family Learning Shabbat & Consecration with Musical Guest Noah Aronson Friday, November 5, 6:00pm Dinner, 7:00pm Service

Family Learning Shabbat: Paint a Prayer Friday, February 11, 6:00pm Dinner, 7:00pm Service

Mitzvah Shabbat & Pizza Truck Dinner Friday, May 6, 5:30pm Dinner & Projects

### **Young Family Programs**

We are committed to helping young families begin their Jewish journeys! Bring your little ones – children, nieces, nephews, grandchildren – to Emanu-El to discover the joy of Jewish life through holiday celebrations throughout the year. Our Young Families events are overflowing with food, song, movement, crafts, stories, community, and fun!

All Young Families Committee events are free and open to the community and are appropriate for ages 6 months through 2nd grade.

To learn more about our Young Families events or to join the Young Families Committee, contact Naomi at nfabes@c-e-w.org or 914-967-4382 x1015.

# Young Families Rosh Hashanah (2) To Service & Celebration Tuesday, September 7, 3:00pm

On Rosh Hashanah, families will enjoy a lively service followed by celebratory food, crafts, games and more.

### Young Families Yom Kippur Service (2) Thursday, September 16, 2:15pm

Ten days after Rosh Hashanah we will come together at a Young Families Yom Kippur service with singing, storytelling and prayer to mark this holy day.

### Young Families Shabbat Celebration Sunday, October 24, 10:45 - 11:45am

Experience the joy of Shabbat through an interactive celebration led by our clergy and staff. Come sing your favorite Shabbat tunes, snack on delicious treats, and enjoy a variety of games and crafts while making new friends!

### First Day of Religious School Sunday, September 19, 9:30 - 11:45am

We can't wait to welcome our students back into the building! Drop your kids off for a morning filled with icebreakers and getting-to-know-you games and activities. At 11:15am, all parents are invited to join us for an outdoor meet & greet with our wonderful new team of teachers while making beautiful decorations to hang in our Sukkah.

# First Week of Hebrew Tutoring Tuesday, October 5 & Thursday, October 7 3:30 - 6:30pm

One-on-one Hebrew Tutoring is here to stay, and we've even added another day! Log on to Zoom to meet with your Hebrew Tutor on either Tuesday or Thursday to kick off a year filled with Hebrew letters, vowels, and decoding.

### Farah Family Hineini Program for 7th Graders

Farah Family Hineini Program students go out into our community and put the Jewish values they have learned into action making our world a better place and writing the next chapter of our Jewish story. All programs meet in person unless otherwise noted.

Contact Jane for more information at jdubro@c-e-w.org or 914-967-4382 x1021.





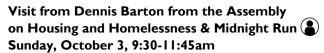






New Year Kick-Off at Boundless Adventures Sunday, September 19, 9:30 - 12:00pm

Volunteering at Pleasantville Cottage School Sunday, September 26, 10:30 - 11:45am



Midnight Run Prep & Pack and Trip to NYC Sunday, October 10, 6:00 - 10:30pm

Making Strides for Breast Cancer Walk Sunday, October 17, 8:30am

Rye Park Clean Up & Memorial for Israeli Athletes Sunday, October 24, 10:00 -11:30am

Group Preparation for Kristallnacht Speaker Sunday, October 31, 9:30-11:45am

### Hineini: Midnight Run Sunday, October 10, 6:00 - 10:30pm

Midnight Run is a volunteer organization dedicated to finding common ground between the housed and the homeless. An orientation will take place before we leave for Manhattan. We will travel by bus and make one hour-long stop in the city and give food and much needed supplies to the homeless. Help us collect items from our wish list below. Collection bins will be located in the lobby.

If you are interested in participating, contact Jane at jdubro@c-e-w.org or 914-967-4382 x1018. Items needed (gently used or new):

- blankets
- warm coats
- jeans
- heavy weight pants
- sweatshirts and sweaters
- socks

- boots and sneakers
- long underwear
- soft luggage pieces
- backpacks
- toiletries

## First Session of Boot Camp (2) Tuesday, September 14, 3:50 - 5:30pm

B'nei Mitzvah Boot Camp is back in person! 6th and 7th grade students will work with tutors and clergy as they make their final preparations before being called up to the Torah.

For questions about Boot Camp, contact Tal at tdrori@c-e-w.org

First Session of Academy Discussion with Israeli Krav Maga Expert Raz Chen Tuesday, September 14, 7:15 - 8:30pm (Note: this session takes place on a Tuesday)



Raz Chen, expert level Krav Maga instructor, will welcome back our Academy students as we kick off our year of learning about Israel. Krav Maga, which means "contact combat" in Hebrew, was developed in Israel in the 1950s, combining the most effective techniques

and philosophy from various martial arts and fight training. Join us as we learn and practice this form of self-defense that Israelis have been using for decades!

### **Madrichim Fellowship**

Are you a teenager at Emanu-El? Are you interested in building your leadership skills? Do you want to learn about child development? Are you interested in being a role model for children in our community? Do you need community service hours for school?

If you answered YES to any of the above questions, then the Madrichim Fellowship is the program for you!

The Madrichim Fellowship is a rewarding and meaningful experience that allows you to make connections with children, support our Religious School teachers, and even gives you a chance to lead classroom activities of your own!

To learn more about the fellowship, contact Naomi at nfabes@c-e-w.org or 914-967-4382 x1015.

### Our community offers condolences to

Richard Cohen on the death of his mother Sallye Cohen Frohman Lorri Goldstein on the death of her mother Carol Seymon Doreen Kushel on the death of her husband Stephen Kushel Jane Meryll on the death of her partner Richard Laird Stefanie Offit on the death of her husband Daniel Offit

#### Yahrzeit Remembrances for the Memorial Fund

In memory of: Remembered by:
Louis & Jean Barkan Alan & Jackie Stuart
Helen Belilovsky Boris Belilovsky

Avigdor Berg Estelle & Stanley Berg and Family
Ethel Bernstein Richard & Amelia Bernstein

Susan Cantos Lisa Cantos & Jonathan Weidman

Alexander Chapro Susan Chapro

Herbert & Rita Chestler Danny & Rhonda Chestler and Family

Harry Cohen
Samuel Cohen
Michael & Arleen Cohen
Maurice Deane
Sam & Jill Sheppard

Arthur D. Emil Judy Tenney

Andrew W. Ettelson

Jean Fishman

William & Sandra Ettelson

Richard & Amelia Bernstein

Toby Joseph Ruth Weinstein

Bernard Kabchefsky Stan & Evelyn Lobel
Robert Kassan Rich & Arline Josephberg
Gary Lane Cathy Lane and Family

Charles W. & Tillie K. Lubin Axel & Sara Schupf and Family

Mira Lumelsky Eugene Lumelskiy

Robert Miller Reed & Karen Miller and Family

Andrew J. Nathanson and Family

Lester Neimark Robin Neimark Seegal
Lee & Donald Sahlein Sam & Jill Sheppard

Alan Salzman Rich & Laurie Gersten and Family

Irwin Schechter & Michelle Wallach and Family

Milton Schlackman Jonathan, Helene & Marc Rod

Robert Segal Lilian Sicular
Jesse Seligson Nancy Gladstone
Sidney Seligson Nancy Gladstone

Leon Skolnick Robert & Laurie Fishbein and Family
Ethel Sullivan Stuart & Sheila Steiner and Family

Rose Terdiman JoAnn Terdiman

#### **Memorial Fund**

Anonymous in memory of Sallye Cohen Frohman

Mordechai & Wendy Beizer in memory of Sallye Cohen Frohman

Shelly Benerofe in memory of Sallye Cohen Frohman

John Carton & Wendy Rowden in memory of Sallye Cohen Frohman

Richard & Emily Cohen in memory of Sallye Cohen Frohman

Michael Dickson in memory of Sallye Cohen Frohman

Emil & Madeline Dominianni in memory of Sallye Cohen Frohman

Denise & Nathan Eisler in memory of Sallye Cohen Frohman

Aaron & Kathryn Goldstein in memory of Sallye Cohen Frohman

Ryan & Lorri Goldstein in memory of Sallye Cohen Frohman

Lorri, Ryan, Ellie, Abby & Lexi Goldstein in memory of Arlene Cole

Sandy Grundman in memory of Sallye Cohen Frohman

Sandy Grundman in memory of Daniel Offit

Sandy Grundman in memory of Arlene Cole

Herb & Leslie Ide in memory of Sallye Cohen Frohman

Doreen Kushel in memory of Sallye Cohen Frohman

Tom & Peggy LoCastro in memory of Sallye Cohen Frohman

Andrea & Michael Lowenstein in memory of Sallye Cohen Frohman

Don & Eileen McAleenan in memory of Sallye Cohen Frohman

Marcelo & Marcy Modica in memory of Sallye Cohen Frohman

Michael & Leslie Mook in memory of Sallye Cohen Frohman

John & Terry Schwarz in memory of Sallye Cohen Frohman

Sam & Jill Sheppard in memory of Sallye Cohen Frohman

Merry & Richard Slone in memory of Sallye Cohen Frohman

John & Amy Tanenbaum in memory of Sallye Cohen Frohman

Lewis & Barbara Wein in memory of Arlene Cole on her 80th birthday

Maj Wickstrom in memory of Sallye Cohen Frohman

Rick & MJ Wolff in memory of Sallye Cohen Frohman

### **Annual Fund: Community Support**

Anonymous

David & Lisa Barse

Daniel & Amy Braude

Susan Chapro

Roger & Vivian Farah

Darren & Jeanne Fogel

Lawrence & Kimberly Motola

Bonnie Stein

Jonathan & Sydney Stern

Yvonne Tropp Epstein in memory

of Alan R. Epstein

Evan & Lindsay Weinberg

#### **Music Fund**

Shelly Benerofe in memory of Richard Laird

Lois Falberg & Brian Sinder in memory of Richard Laird

Jim & Meredith Kornreich in honor of their granddaughter Mila

Doreen Kushel in memory of Stephen Kushel

#### **Relgious School Donation**

Shelly Benerofe in memory of Arlene Cole

All High Holy Day donations and any donations processed after August 15, 2021 will appear in the next bulletin. If you have any questions, please call Abbie at 914-967-4382 x1018.

#### **General Contributions**

Gary & Jill Baker

Richard & Emily Cohen

Marcelo & Marcy Modica in honor of the marriage of Alex Wolitzer and Jonathan Helwink

Ken & Amy Pollinger in honor of the birth of their grandson Russell Frederick Pollinger

Lilian Sicular in memory of David Sicular

#### Rabbi Goldsmith's Discretionary Fund

Loren Howley in memory of Rena Blackman

Doreen Kushel in memory of Stephen Kushel

Amy Kean & Royce Abrams in memory of Robin Herko

Susan Greenberg & George Noble

Michael & Lynne Wolitzer in honor of the wedding of their daughter Alex Wolitzer to Jonathan Helwink

#### Sisterhood

Susan Chapro

Mark & Carla Lobel

Bonnie Stein

JoAnn Terdiman

Evan & Lindsay Weinberg

Rick & MJ Wolff

#### **Social Action Fund**

Anonymous

Susan Chapro

Mark & Carla Lobel

Michael N. Rosenblut & Hedy R. Cardozo

in memory of Sallye Cohen Frohman

Peter Schweitzer & Anne McBride in memory

of Joan Bull and Sophie White

Bonnie Stein

JoAnn Terdiman

Evan & Lindsay Weinberg

Rick & MJ Wolff

#### Social Action ESL Program

Anonymous in memory of Stephen Kushel

Willie & Peggy Alford in memory of Stephen Kushel

Shelly Benerofe in memory of Stephen Kushel

John Carton & Wendy Rowden in memory of Stephen Kushel

Richard & Emily Cohen in memory of Stephen Kushel

Denise & Nathan Eisler in memory of Stephen Kushel

Lawrence & Harriet Feldman in memory of Stephen Kushel

Sandy Grundman in memory of Stephen Kushel

Judith & Stephen Gutmann in memory

of Stephen Kushel

Dick & Susan Hecht in memory of Stephen Kushel

Paul & Linda Kalos in memory of Stephen Kushel

Tom & Peggy LoCastro in memory of Stephen Kushel

Karen Pickelle in memory of Stephen Kushel

John & Terry Schwarz in memory of Stephen Kushel

Alex Shingler in memory of Stephen Kushel

JoAnn Terdiman in memory of Stephen Kushel

Maj Wickstrom in memory of Stephen Kushel

Laura Winston in memory of Stephen Kushel

### **Greeting Cards for Sale**

All proceeds will be donated to Emanu-El when you purchase a special sympathy or mazel tov greeting card through the temple office. Cost: 1 card = \$10 or 10 cards = \$75

To purchase, contact Dan at 914-967-4382 x1011 or doconnor@c-e-w.org.

### SEPTEMBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 I I:00am Dani Wishnow Bat Mitzvah Ceremony	3 6:00pm Lay Led Zoom Shabbat Service	4
5	6 7:30pm Erev Rosh Hashanah Service  Office Closed Erev Rosh Hashanah Labor Day	7 10:00am Morning Service 1:45pm Youth Service 3:00pm Young Families Service 3:30pm Taste of Sweetness Celebration Office Closed for Rosh Hashanah Rosh Hashanah	8 10:15am Nature Walk* 11:00am Tashlich Service * *Will take place at the Edith G. Read Wildlife Sanctuary  Office Closed for Rosh Hashanah Rosh Hashanah Day 2	9	10 7:30pm Shabbat Shuva Service	
12 11:00am Next Step	13	14 4:00pm B'nei Mitzvah Boot Camp 6:15pm Youth Group Meeting 7:15pm First Session of Academy	15 6:00pm Kol Nidre 8:30pm Kol Nidre Office Closes at 12:00pm Kol Nidre	16 10:00am Morning Service 1:15pm Youth Service 2:15pm Young Families Service 3:00pm Afternoon Service 3:30pm Healing Service 4:00pm Yizkor Service 4:45pm N'ilah/Concluding Service Office Closed for Yom Kippur	6:00pm Pre-neg 6:30pm Early Shabbat Service	18 11:00am Abby Coffey Bat Mitzvah Ceremony Time TBA Sukkah Build
19 9:30 - 11:45am First Session of Religious School	20 Erev Sukkot	21 No B'nei Mitzvah Boot Camp 7:30pm Board Meeting Office Closed for Sukkot	22	23 10:15am Book Club 6:30pm Women's Study Group Sukkot Gathering	24 6:00pm Shabbat BBQ Dinner 6:00pm Michael Albert Gallery Opening 7:00PM Sukkot & Simchat Torah Shabbat Service	25 9:00am Beit Midrash
26 9:30 - 11:45am Religious School	27 7:30am Shemini Atzeret Yizkor Service Office Closed for Shemini Atzeret Shemini Atzeret	28 4:00pm B'nei Mitzvah Boot Camp	29	30		

### OCTOBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					I 6:00pm Early Outdoor Shabbat Service	2
3 9:30 - 11:45am Religious School 11:00am Engaging Aging Discussion 4:00pm Westchester Chamber Music	4 12:00pm Reflections Workshop 7:15pm Academy 7:15pm First Session of Confirmation	5 3:30pm First Session of Hebrew Tutoring on Zoom 4:00pm B'nei Mitzvah Boot Camp	6	7 3:30pm Hebrew Tutoring on Zoom 6:30pm Committees in Community	8 6:30pm Shabbat Service	9
10 No Religious School 6:00pm Midnight Run	II No Academy or Confirmation	12 3:30pm Hebrew Tutoring on Zoom 4:00pm B'nei Mitzvah Boot Camp	13	14 3:30pm Hebrew Tutoring on Zoom 4:00pm Sasha Steiner Bat Mitzvah Ceremony 8:00pm Single Malt Torah	15 7:30pm Sacred Stories Shabbat Service	16 9:00am Beit Midrash I I:00am Charlie Sindell Bar Mitzvah Ceremony
17 9:30 - 11:45am Religious School 10:30am 4th Grade Meeting 11:00am Next Step	18 7:15pm Academy 7:15pm Confirmation	19 3:30pm Hebrew Tutoring on Zoom 4:00pm B'nei Mitzvah Boot Camp 7:30pm Board Meeting	20	21 10:15am Book Club 3:30pm Hebrew Tutoring on Zoom 7:00pm Hummus! The Movie	9:00am Political Staffer Meeting 6:00pm Early Zoom Shabbat Service	23
9:30 - 11:45am Religious School 9:30 - 10:45am Pre-K/K Shabbat Program 10:45 - 11:45am Young Families Shabbat Celebration	25 7:15pm Academy 7:15pm Confirmation	26 11:30am - 6:30pm Sisterhood Boutique 3:30pm Hebrew Tutoring on Zoom 4:00pm B'nei Mitzvah Boot Camp	27	28 3:30pm Hebrew Tutoring on Zoom	29 7:30pm Shabbat Service	30
31 9:30 - 11:45am Religious School 10:30am Beit Midrash						

### Shabbat on the Beach at the Edith G. Read Wildlife Sanctuary in Rye

A slight breeze and clear blue skies - what more could we have asked for? The August 6 Shabbat on the Beach gathering was a wonderful opportunity to spend time with family and reconnect with temple friends.

We will return to the beach on Wednesday, September 8 at 10:15am for our annual Rosh Hashanah Day 2 Nature Walk followed by Tashlich at 11:00am. We hope you will join us!













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### **SEPTEMBER & OCTOBER** SHABBAT SERVICES

September 10 (in-person & on Zoom) 7:30pm **Shabbat Shuva** 

September 17 (in-person & on Zoom) 6:30pm **Early Service** 

September 24 (in-person & on Zoom) 

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6:00pm **Shabbat BBQ Dinner** 

7:00pm **Sukkot & Simchat Torah Shabbat** 

October I (in-person & on Zoom) (3) **Early Outdoor Service** 6:00pm

October 8 (in-person & on Zoom)

6:30pm **Early Service** 

October 15 (in-person & on Zoom) \square **Sacred Stories Shabbat** 7:30pm

October 22 (Zoom)

6:00pm Early Zoom Service

October 29 (in-person & on Zoom)

7:30pm **Shabbat Service** 

Band Prayers Projected (ii) Family Friendly









### Sisterhood Boutique (2) Tuesday, October 26, 11:30am - 6:30pm

Our annual Sisterhood Boutique returns this year with offerings both big and small! This year's boutique will have all kinds of gifts and goodies that people love for Chanukah (or any occasion): jewelry, stationery, clothing, accessories, artwork, and handmade goods.

#### Mark Your Calendars!



### **Bingo Night** Thursday, November 4, 7:00pm

Bingo night is back and we are ready to play! More information coming soon.



Family Learning Shabbat & Consecration with Musical Guest Noah Aronson Friday, November 5, 6:00pm Dinner, 7:00pm Service

A musical family experience with musician and educator Noah Aronson!