### **CONGREGATION EMANU-EL OF WESTCHESTER**



March 1 - April 30, 2024 | 21 Adar - 22 Nisan 5784

### Holiday Cooking Classes with Chef Cara Tannenbaum Purim: Monday, March 11, 7:15pm



Bake an unexpected twist on traditional hamantashen! Instead of the sweet and tasty fillings that are commonly seen, you will bake mini savory hamantashen, with a

caramelized onion and poppy filling. A great passed hors d'oeuvre, a delicious treat for Purim.

### Passover: Thursday, April 11, 12:00pm



Start your Passover Seder meal with a tangy, bright pickled salmon instead of the usual gefilte fish. To finish, bake a trio of macaroons for a sweet Passover!

Cost per session: \$36/person. See Emanumail for RSVP information.



### A Purim Shabbat Game Show Special Friday, March 15, 7:30pm

Come be our studio audience for a Purim Shabbat filled with your favorite TV game shows! From Jewpardy to the Royal Bachelor, Wheel of Purim, Survivor: Shushan Edition, Cantor Meredith Stone and Rabbinic Intern Zachary Canali - accompanied by our famed house band - will put our contestants to the test.



### Religious School & Family Purim Carnival Sunday, March 17, 11:30am - 1:00pm

Come dressed in your best Purim costume to celebrate this super fun holiday! Families are invited to our Purim Carnival for games galore, prizes, hamantaschen, and pizza - this is a celebration for all! Face painting, Pin the Hat on Haman, Esther's Duck Pond, Shushan Photo Booth, and more! Game tickets: 4/\$1 or 25/\$5.

# The Friedman Lecture on Peace & Understanding with Professor Dan Hopkins Friday, April 5, 7:30pm



This year, Dan Hopkins, Professor of Political Science at the University of Pennsylvania, joins us for our annual Friedman Lecture. Professor Hopkins grew up here at Emanu-El, becoming bar mitzvah with Rabbi Wolk. His work focuses on elections and voting, a

topic that could not be more relevant in an election year.

Each year, the Friedman Lecture brings us scholars, activists, politicians, and artists to help us explore the intersection of Judaism and the ways that we can bring more peace and understanding to our world. Former congregational president William Friedman left this bequest in memory of his parents allowing us to explore the most pressing issues of our day.





# Film: Monkey Business: The Adventures of Curious George's Creators Thursday, April 18, 7:00pm

Monkey Business explores the lesser-known tale of George's creators, Hans and Margret Rey. Originally from Hamburg, Germany, the Reys first met when Hans was dating Margret's older sister. Years later, having heard that Hans was wasting his artistic talents as a bookkeeper in Rio, Margret traveled to Brazil to persuade him to marry her and do something creative together. After their honeymoon to Paris turned into a four-year residency, they accidentally became children's book authors when a publisher suggested they create a book out of a cartoon Hans had drawn. Being German Jews, however, their life in Paris abruptly came to an end in June 1940 when the Reys were forced to escape from the Nazis by riding makeshift bicycles; a manuscript of the first Curious George book was one of the few possessions they could smuggle out with them.



A JOYOUS EVENING OF GREAT FOOD, COMMUNITY & JEWISH PRIDE

# CELEBRATING JEWISH PEOPLEHOOD & THE STATE OF ISRAEL

SATURDAY, APRIL 6, 7:30PM



RSVP & JOURNAL DEADLINE FRIDAY, MARCH 8



For over a decade, we have used our annual Spring Benefit to honor members of the congregation with the Emanu-El Prize which recognizes their contributions to the congregation and wider community. Celebrating individuals is deeply meaningful as they not only make our congregation strong, but, as individuals. they represent what makes Emanu-El so special. This year, in light of the war in Israel and the rise in antisemitism, rather than honor a single person, we are celebrating Israel and Jewish Peoplehood. The reasons to celebrate Israel are manifold. It is the realization of a 2,000 year old dream. Half of the Jews in the world live there. It is the strongest democracy in the Middle East. And, while it has many unresolved issues, for the last 75 years it has been both refuge and inspiration for Jews around the world. And, while celebrating Israel, we also want to celebrate the idea at the root of Zionism: Jewish peoplehood. For all our differences, we are one people. Yes, Jews are wildly diverse in religious practice, race, ethnicity, cuisine, music, and geography. And still, we understand ourselves to have a common history and a common destiny.

We are all part of the same story, the greatest story ever told. And THAT is worth celebrating.

### TICKET & JOURNAL PACKAGES

Community Leader Package - \$5,000 - 2 Tickets + 1 Unity Journal Ad

Congregational Guide Package - \$2,500 - 2 Tickets + 1 Connection Journal Ad

Relationship Builder Package - \$1,000 - 2 Tickets + 1 Togetherness Journal Ad

Welcome to the Temple Package – \$200 – 2 Tickets + 1 Friend Listing (1st year congregants only)

### INDIVIDUAL TICKET

\$200

### **JOURNAL AD PAGES**

 Unity - \$5,000
 Tradition - \$500

 Connection - \$2,500
 Solidarity - \$250

Togetherness - \$1,000 Friend Listing - \$100 - name will Culture - \$750 appear on the journal Friend page

A portion of the proceeds from this year's benefit will be donated to support Israel in this time of need. The remainder will go to the congregation so that we can continue to foster love of the Jewish people at Emanu-El, in the community and around the world.

RSVP online at tinyurl.com/cewbenefit or call 914-967-4382 x1018

Some of our programs and services remain multi-access. The icons below let you know how you can take part in services and programs. Check the weekly Emanumail for the most up-to-date information, as well as links to livestream or Zoom multi-access and online programs.

In-person





Congregation Emanu-El of Westchester 2125 Westchester Avenue, Rye, New York 10580 www.c-e-w.org - 914-967-4382

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#### **Board of Trustees Executive Committee**

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### B'nei Mitzvah Mazel Tov!

We would like to honor the following students who will become B'nei Mitzvah in March & April:

Jax Blaine

Charlotte Hodes
Tessa Lerch
Emily Levine
Eli Resnick
Spencer Sharkansky



### Going Inward, Going Outward: Seek the Light

In the winter, animals hibernate. So do humans, in our way. We sleep more, eat more, and have a tendency to stay indoors. That is all part of nature, as Ecclesiastes tells us, "To everything there is a season, and a time for every purpose under heaven."



A New Englander, I'm actually fond of winter - crisp days with sun reflecting on the snow, cozy crackling fireplaces - but like many people in the northeast, I sometimes get the "winter blues" from lack of light. So the first thing I do upon waking is to sit in front of my light box for about half an hour, sipping cappuccino and catching up with *The New York Times*. Once I've had my dose of light and caffeine, I am ready to face the world and start my day.

The problem with the gray days of winter is if we allow ourselves to isolate, to get too used to the comfort and safety of staying at home, as we did during the pandemic. It does not help that the moment we arise and see the headlines each morning we're reminded of the troubles of the world: the war in Israel, the climate, an impending election. Notwithstanding the brave souls who have it in them to get outside for an early walk or run, invigorating body and spirit, it's easy to hit the snooze button.

Focusing outward, though, can help dispel darkness and complacency. In my last bulletin message, I wrote about the value Judaism places on friendship. Chesed – acts of lovingkindness – is another important Jewish value. Performing acts of chesed, even the smallest gestures and kindnesses, orients us outwards towards others rather than inwards to ourselves. Finding opportunities to perform loving acts each day helps train us to make practicing chesed a habit.

Another way to counter the urge to withdraw is suggested by Rabbi Sharon Brous in a recent, moving *The New York Times* Opinion essay, "Train Yourself to Always Show up".

She includes a 3rd century quote, from the Mishnah: "When your heart is broken, when the specter of death visits your family, when you feel lost and alone and inclined to retreat, you show up. You entrust your pain to the community." She tells us, "Do not take your broken heart and go home. Don't isolate. Step toward those whom you know will hold you tenderly."

Her words remind me of a recent, frigid Friday night in January, when our rabbinic intern Zachary and I wondered if we'd get even a handful of in-person attendees at our service. A winter storm was just subsiding and we had no band, speaker, B'nei Mitzvah

family or special theme other than Shabbat. Our attendance was minimal, hardly a "minyan", but those who came out were undeterred by the elements. I began the service with a song:

Rabbi Nachman of Bratslav used to say: Friends do not despair For a difficult time has come upon us, Joy must fill the air. We must not lose our faith in living, We must not despair. For a difficult time is upon us, Joy must fill the air.

Chiribim! Chiribam!

Our small group joined in the singing, and our Shabbat that night was especially warm and intimate. We spread joy and connectedness. Our temple community provides the opportunity for connection in so many ways. Whether in times of strength or challenge, especially during these dark days of winter, "showing up" at temple and in your various communities allows you to share your light.

Together we will lift each other up, and before you know it, spring will be on the horizon.

Meredith Stone, Cantor

### MESSAGE FROM RABBINIC INTERN ZACHARY CANALI

### **Two Purims**

Growing up my favorite holiday was Purim. I loved the games, the prizes, the dressing up, and, most of all, the fun Spiels that my synagogue would arrange. It was the most "exciting" holiday for my young mind. A Halloween in the spring. Since starting Rabbinic



School I have learned that Purim is a little more than just dressing up and celebrating; it's about remembering a story of survival and expressing ourselves as we see fit. As we now look forward to this year's Purim, and Cantor Stone and I prepare our celebration, I find myself thinking about the Purims of the past.

Two years ago, while living in Jerusalem, I discovered, to my joy, that there wasn't just one day of Purim, but two. Two Purims, one right after the other, and whether we celebrated one or the other depended entirely on the city where we were celebrating: If we were in an "unwalled city," or in a city younger than three thousand years, we would celebrate Purim on its scheduled time, the 14th of Adar, but, if we were in Jerusalem, or any other city that had "stone walls during the time of Joshua," we would wait and celebrate the day after, on the 15th of Adar. This is called Shushan Purim - for the Jews of the city of Shushan waited a whole day for their celebration to begin. Living in a "walled city," and being a quick train ride away from the century young city of Tel Aviv, I had a rare opportunity. I could celebrate Purim twice.

On Purim day I traveled to Tel Aviv with my friends, dancing in the streets, and on Shushan Purim I

watched a Purim Parade from my apartment in Jerusalem before searching for a place to hear someone read the entire Book of Esther. Eventually, as the sun set, my friends and I found a Megillah reading taking place on Azza Street. Unlike Megillah readings that I've been to in the past, I noticed that each reader read the text differently. There was a Sephardi man who chanted the opening verses, introducing us both to the city of Shushan and King Ahasuerus, in a Jerusalemite-Sephardic trope. An Ashkenazi woman then chanted about Mordechai sitting at the gates in Ashkenazic trope. And a Yemeni man chanted through Haman's defeat and execution with traditional Yemeni-Jewish pronunciations. Surrounding this scene of campy religious devotion were a hundred listeners, each with their face buried in text or craning their neck to hear properly. It was a unifying moment. Here were Jews of many different backgrounds and traditions and together we were all expressing our Judaism as one.

This is the beauty of our religion. There is no single way, no single tradition, that fully dictates us in our Jewish practice. The Sephardic style of reading Esther is just as valid as the Yemeni or the Ashkenazic. We all have our differences, but so too do we have our similarities and unities. Just as many of us don our costumes on Purim, so too do we maintain our individuality as Jews. As we continue through the early months of March and April, let us celebrate our diversity as we celebrate our least serious holiday listen to Israeli music, learn about a practice outside of our own, and, perhaps most importantly, engage with Judaism. We have a fun Purim-Shabbat (see the front page of the bulletin for the details) planned this year, and it too is an expression of Jewish tradition and diversity.

Zachary Canali, Rabbinic Intern

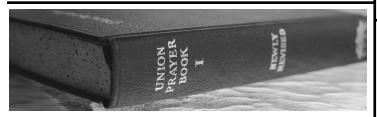
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### REFLECT & ELEVATE



### Sacred Stories Shabbat Service Friday, March 1, 7:30pm

Ordinary stories that congregants share at our Sacred Stories services can illuminate the meanings of our prayers for all of us. At this service, accompanied by our band, we'll consider traditional Jewish attitudes about art, and will hear brief personal commentaries about being moved by works of art.



### Union Prayer Book Service: A Tribute to Our Reform Heritage Friday, March 8, 7:30pm

Our congregation began with a group of families committed to worship in the Classical Reform style of the day. Grandeur and transcendence found expression in formal prose and poetry, classical organ music, and a dignified atmosphere. Each year we honor this heritage with our Union Prayer Book Service at which we use this beloved prayer book and familiar music to connect with our past and to consider the ways that beauty and majesty echo not only in the sanctuary, but in the world around us.



### Passover Morning Service Tuesday, April 23, 9:00am

In the book of Leviticus we read "...on the 14th (of Nissan), at twilight, there shall be a Passover offering to God, and on the 15th of that month, God's Feast of Unleavened Bread. You shall eat unleavened bread for seven days. On the first day you shall celebrate a sacred occasion: you shall not work at your occupations..." We will celebrate Shabbat and the first day of Passover as a "sacred occasion" with a brief, meaningful morning service. Use this moment of reflection between Seders to appreciate the blessings of freedom that we all enjoy.



### **Shabbat Honoring Hineini Students & Families Friday, April 26, 7:30pm**

We will celebrate the dedication and commitment of both our Hineini students and their families who together fill this formative year with meaning, joy, and blessings.



### Passover Yizkor Service Monday, April 29, 7:30am

We come together as a community to remember those who have passed away. We have scheduled the service at this early hour so that those who work full-time can attend this brief service to honor the memory of their loved ones.

Shavuot Yizkor, the final memorial service of 5784 will take place on Wednesday, June 12 at 7:30am. 🔝 🗖



### Passover Tot Shabbat Friday, April 26, 5:00-5:30pm

Join us for a kid-friendly service filled with songs, stories, and blessings. Following the service, we'll have chocolate covered matzah and juice. See Emanumail for RSVP information.

### Celebration: Israel & Jewish Peoplehood! Am Yisrael Chai!

This year's Spring Benefit is not the same as all others. In the spirit of Passover, I have asked myself: What makes this year's Spring Benefit different from all others? In all other years, we have honored deserving CEW members who have made a difference in our community and beyond. This year, in light of the war in Israel, CEW will celebrate Israel and Jewish Peoplehood, rather than individuals.

The modern State of Israel serves as a central pillar of Jewish identity globally, embodying the collective aspirations and self-determination of the Jewish people. Since its founding in 1948, Israel has welcomed Jews from around the world, in good times and in bad times, who have made it their home.

It is only logical to celebrate Jewish peoplehood along with Israel, as what better way to remind us that while regardless of our differences, and wherever we are in the world, we are united as Jews. While our backgrounds and practices are diverse, we share many commonalities - a shared history, heritage, culture, set of ethics and a commitment to community, near and far.

And what is it that brings us together?

Torah, Study & Prayer: The study of Torah and prayer play a central role in worship. Education and the study of Jewish texts are highly valued in Jewish tradition. The Talmud, a central text of Rabbinic Judaism, contains discussions and interpretations of Jewish law and theology.

Lifecycle Events: Happy occasions, including baby namings and brit milah, b'nei mitzvah, and marriage; and mourning practices such as sitting shiva after the death of a loved one and saying kaddish.

Jewish Values: central to Jewish tradition are ethical and moral values that guide individual behavior and communal life. These values, rooted in Jewish teachings and texts, emphasize concepts like justice, compassion, and tikkun olam (repairing the world).

Jewish Culture: our culture encompasses a wide array of customs, rituals, languages, literature, music, and arts developed by Jewish communities throughout history. It's a vibrant tapestry woven from centuries of shared experiences and creative expression.

Jewish Food: Our cuisine reflects the diverse cultural influences and culinary traditions of Jewish communities around the world. From Ashkenazi favorites like matzo ball soup and gefilte fish to Sephardic dishes like falafel and shakshuka, Jewish food is a delicious tapestry of flavors and history.

There is so much to celebrate! Join me as we honor Israel and Jewish Peoplehood on Saturday, April 6, and the profound impact of our Jewish identity. Shalom.

gane

Jane Dubro, Director of Programming & Engagement

### STEP-UP & GIVE BACK: SOCIAL ACTION & SOCIAL JUSTICE



### **Volunteer to Teach Adult ESL at the Carver Center in Port Chester**

### Tuesdays and Thursdays, 9:00 - 10:30am

Our ESL program is up and running again (in a new location)! Volunteers are needed to tutor adult English language learners, no experience necessary, just a passion to help. Contact Jaime Morris at jaime-morris@hotmail.com or Amy Schulhof at alschulhof@hotmail.com if interested.



### Join the Emanu-El Caring Community

Being there for one another in difficult times is a vital piece of who we are. The Emanu-El Caring Community is a volunteer-run group that makes certain that our congregants experience a sense of support after the loss of a loved one. We are looking for volunteers to help assemble and deliver bereavement baskets on an as-needed basis. If you are interested in learning more about volunteering with the Caring Community, contact Michelle Schwartz at prettypaper1@gmail.com.

### STEP-UP & GIVE BACK: SOCIAL ACTION & SOCIAL JUSTICE

### **2023-24 Social Action Collections**

We are committed to tikkun olam, repairing our world. Help make our community a better place and participate in the important drives scheduled throughout the year. For more information, contact co-chairs Hedy Cardozo at hedozo@aol.com and Lauren Shalem at lauren.beitman@gmail.com.

September Food Drive for Feeding Westchester ✓

October Coat Drive ✓

November WJCS Have A Heart Gift Drive ✓

& December

January Cottage School Art Supply Drive ✓

& February

March HOPE Community Pasta Collection

April Midnight Run Collection

May 914Cares Book Collection

June Midnight Run Gently Used Backpack Drive

### Pasta Collection for HOPE Community Services March 1 - March 31

We are collecting boxes of regular and whole wheat pasta for HOPE Community Services. All shapes and size of pasta are welcome! Pasta can be dropped off in the main lobby during normal business hours.



### Midnight Run Collection April 1 - April 30

Help us collect clothing and supplies for our spring Brunch Run to Manhattan with donations of the items listed below. Items needed (adult sized clothing only; toiletries and personal care items must be unused):

- Blankets

- Boots/sneakers

- Coats

- New underwear

- Jeans

- Soft luggage

- Sweatshirts
- Socks

Items can be dropped off in the main lobby during normal business hours.

For more information, contact Jane at jdubro@c-e-w.org or 914-967-4382 x1021.

### **Social Justice Committee Update**



Throughout the first half of 2024 the Social Justice Committee will continue to pursue our Climate Covenant by participating, in conjunction with RAC-NY, in

lobbying sessions with our elected representatives in Albany in order to encourage their support for both the Heat Act (A4592A / S2016A)\* and the Superfund Act (A03351-A / S02129A)\*\*. Details about participating in March constituent meetings will be included in upcoming Emanuamails. A week-long email campaign to encourage legislators to support the Superfund and HEAT Acts will take place from February 29 - March 7; links to legislators will be shared in Emanumail.

\*The Heat Act: The purpose of the bill is to give the Public Service Commission the authority and direction needed to align gas utility regulation and gas system planning with the Climate Leadership and Community Protection Act (CLCPA) mandates. Overall the bill removes the legal basis and subsidies driving the expansion of statewide gas systems and requires the commission to adopt rules and develop a statewide gas service transition plan that is consistent with decreasing gas reliance and, where appropriate, decommissioning gas systems.



\*\*The Superfund Act: The bill establishes a climate adaptation cost program in NYS that requires fossil fuel companies that have significantly contributed to greenhouse gas emissions to share the cost of infrastructure investments required for adaptation and mitigation needed because of damages resulting from damage done by the fossil fuels. We will also be working in collaboration with RAC-NY to create resource guides specifically geared to each county in the state to help congregants and congregations green their homes and synagogues.

**Jewish Climate Summit:** Once available, we will announce registration and program details for the Jewish Climate Summit taking place at Central Synagogue on Sunday, April 7, 1:00pm.

If you would like to join the Social Justice Committee in our efforts, please reach out to Committee co-chairs, Hedy Cardozo (hedozo@aol.com) and Marcie Aiuvalasit (marciena33@gmail.com).

### ADULT LEARNING

Some of our programs and services remain multi-access. The icons below let you know how you can take part in services and programs. Check the weekly Emanumail for the most up-to-date information, as well as links to livestream or Zoom multi-access and online programs.







In-person

Livestream/Zoom

**Multi-access** 

### Mah Jongg & Canasta Tuesdays, March 5, 12, 19 & April 2, 9, 16 2:00 - 4:00pm

Come and enjoy both of these classics on Tuesday afternoons. Friends and family are welcome! RSVP to Jane at 914-967-4382 x1021or jdubro@c-e-w.org.

### Beit Midrash Saturdays, March 9, April 13 & 27, 9:00am

The sacred books of the Jewish people are a sort of time machine. Each successive layer of Jewish writing - from the Torah to today - reflects the period in which it was written. When we study these texts, we discover an endless diversity of perspective and thought. Each generation's interpretation is shaped by time and place, received tradition and folkways, host culture and ethical norms. What do they all have in common? This year, we will look at the weekly Torah portion and discover how it filters through the each generation.

### Next Step Sundays, March 10 & April 14, 11:00am

This group of men meet to discuss personal issues that they face in retirement. The bonds of friendship and a deep sense of trust have allowed this group to continue for many years. Next Step is facilitated by Paul Spindel (retired executive). For more information, contact Paul at 914-632-1264.

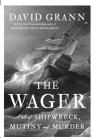


# Mindfulness Meditation: Joy, Harmony & Health with Certified Meditation Coach Jane Meryll Wednesdays, March 13, 20 & 27, 7:30pm

Mindfulness meditation is a gentle experience that gives you tools to manage the stresses of our daily lives. These 45-minute sessions will be held on Zoom.

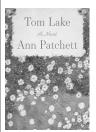
### Former & Current Board Member Dinner Friday, March 15, 6:15pm

Current and former board members come together to reconnect, get updates on board business, and celebrate the congregation. Followed by our festive Purim Shabbat Game Show Special. Be part of our "TV audience!" See Emanumail for RSVP information.



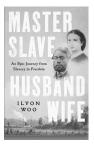
### Book Club on Zoom Thursday, March 21, 11:00am

The Wager: A Tale of Shipwreck, Mutiny and Murder by David Grann
A page-turning tale of shipwreck, survival, and savagery, culminating in a court martial that reveals a shocking truth.



### Books & Bites at North Street Tavern Wednesday, March 14, 7:00pm

Tom Lake by Ann Patchett A meditation on youthful love, married love, and the lives parents have led before their children were born, the book explores what it means to be happy even when the world is falling apart.



### Books & Bites at North Street Tavern Thursday, April 11, 7:00pm

Master Slave Husband Wife: An Epic Journey from Slavery to Freedom by Ilyon Woo

The remarkable true story of Ellen and William Craft, who escaped slavery through daring, determination, and disquise, with Ellen passing as a wealthy,

disabled white man and William posing as "his" slave.

RSVP for Book Club and Books & Bites to Marcie at marciena33@gmail.com.



### Single Malt Torah Thursdays, March 21 & April 25, 8:00pm

Men of the congregation join together for fine scotch and Torah learning with Rabbi Goldsmith. April's session is a special tequila edition!



### Women's Study Group Passover Gathering Tuesday, April 16, 6:00pm

The annual Women's Study Group "Seder" is a longstanding tradition at Emanu-El . Every spring we gather in the company of friends to celebrate the festival of freedom. More details will be shared soon, we hope you will join us!

### MESSAGE FROM JACKIE KURLAND

### The Quaker In Me

Reflecting on my personal spiritual journey, it is impossible to do so without acknowledging the impact that Quakerism has had on my life. At the age of five, I started attending a Quaker private school and I spent the next 13 years there learning about the religion and developing a deep



appreciation for what it teaches and represents. While many people only associate Quakers with the man from the late 1800s on a box of cereal or they confuse it with the Amish, I can tell you that there is much more to it and it is really quite special.

Quakerism was founded in the 17th century by a group of people who felt that the Church of England wasn't meeting their needs. They wanted a religion that spoke to a non-violent and simple way of living that advocated for equality and helping others. Their religious practice shifted to a Meeting for Worship ceremony where all were equal and no one preached.

When my parents chose to send me to a Quaker school, it was the values that spoke to them on top of the education itself. Quaker values center around simplicity, peace, integrity, community, equity, stewardship, and service, and my education had elements of those values woven throughout the curriculum. Everyone at my school took a course on Poverty, and our class regularly volunteered at soup kitchens, senior homes, and local churches. Quaker founder George Fox is quoted as saying "Let your life speak," and I have always loved that sentiment as it ties in so well with the Jewish values of tikkun olam and wanting our lives to have meaning in helping the world.

In both middle and high school, I took separate courses on religion and Quakerism. I particularly loved my religion classes, as it was an opportunity for me to share about my Jewish faith and write my own spiritual autobiography. While history classes often teach about religion in terms of conflict out of a textbook, this was an opportunity to share about our personal connections to our religions. While, of course, not all of my classmates enjoyed these classes, it was where I thrived. Learning about the cultures, customs, and traditions that we each shared was fascinating to me, and it left me wanting to keep learning more.

Quakerism taught me the power of listening, as the Meeting for Worship service is mainly done in silence. Quakers believe that by listening, you will find the messages that God wants you to hear, so the service is, in essence, sitting quietly for 45-minutes. Starting in third grade, I attended weekly "Meetings" where I

learned how to sit silently and reflect. The service ends by everyone shaking hands, a gesture of peace, friendship, and equality. By the time high school came around, those 45 minutes became the best part of the week, as we all needed a break from our busy and stressful days of school. Many of my classes started with a moment of silence to center everyone, and it really was an exercise in mindfulness even though no one used that language at the time. I have carried the reflective nature of Quakerism with me into adulthood and I find those moments of silence not only energizing, but also necessary. I wish I had a whole 45 minute period designated for silence without distractions each week now!

I used to say that if I had to be another religion, I would be a Quaker. While I certainly hope that I never need to actually change my religion for any reason, the values instilled in me from the Quaker religion deeply influenced my beliefs and practices. Many of us grew up with other religions that we were either born into or exposed to through our surroundings. It is beautiful that we can take all of those traditions to create our own unique forms of spiritual identity, and I love that I am able to be Jewish with a hint of Quaker.

Jackie Kurland, Director of Education

### **RELIGIOUS SCHOOL & YOUTH**



### Paint, Sip & Snack for Religious School Parents Monday, March 4, 7:00pm

Join us for a paint night of heart art with artist Marla Beth Enowitz. No painting experience needed to enjoy this project! Cost: \$36/person. Space is limited. RSVP to Jackie at jkurland@c-e-w.org.



### Religious School & Family Purim Carnival Sunday, March 17, 11:30am - 1:00pm

Come dressed in your best Purim costume to celebrate this super fun holiday! Families are invited to our annual Purim Carnival run by our fantastic Hineini teens! Games galore, prizes, pizza, and hamantaschen - this is a celebration for all! Face painting, Pin the Hat on Haman, Esther's Duck Pond, Shushan Photo Booth, and more! Game tickets: 4/\$1 or 25/\$5.



### Passover Tot Shabbat Friday, April 26, 5:00-5:30pm

Join us for a kid-friendly service filled with songs, stories, and blessings. Following the service, we'll have chocolate covered matzah and juice. See Emanumail for RSVP information.



### The Bauman-Greene Pre-K & K Program 3

This program gives your little ones a taste of Religious School! Each session highlights the unique rituals and celebrations of Jewish holidays through a variety of artistic explorations. Sessions are followed by Young Family Celebrations at the temple – fun for the whole family. Free and open to the community. RSVP to Jackie at jkurland@c-e-w.org.

Purim Sunday, March 17, 9:30am
Passover Sunday, April 7, 9:30am
This program is funded by the generosity of
Dr. Caroline Bauman.



### Young Family Programs (2)

We are committed to helping young families begin their Jewish journeys! Bring your little ones (children, nieces, nephews, grandchildren) to Emanu-El to discover the joy of Jewish life through holiday celebrations overflowing with food, song, movement, crafts, stories, community, and fun!

These events are free and open to the community and are appropriate for kids up through 2nd grade.

RSVP to Jackie at jkurland@c-e-w.org.

Purim Carnival Sunday, March 17, 11:00am
Passover Sunday, April 7, 10:45am
Mitzvah Shabbat Friday, May 10, 5:30pm
& Pizza Truck Dinner

### Our community offers our deepest condolences to

Amy Tanenbaum on the death of her father Robert Schwartz

### Yahrzeit Remembrances for the Memorial Fund

In memory of: Remembered by:
Tony Aiuvalasit
Gertrude Appel
Bonnie Shyer

Greg Benerofe Shelly Benerofe & Family
Thelma Cohen Michael & Arleen Cohen

Sidney Cole Stacey Cole

Myron William Conovitz

Alina Cantoni de Leon

Stephen Dichter

Rabbi Harry W. Ettelson

Lillian & Henry Farah

Robert & Amy Lindsay

Marty & Pat Bernstein

Jason & Jessica Riesel

Sandra Ettelson

Roger & Vivian Farah

Lillian & Henry Farah

Irwin M. Freyer

Sally Gardos

Roger & Vivian Farah

Bruce & Dana Freyer

Elaine Losquadro

Joseph Greene Caroline Bauman & Family
Hattie & Henry Greenwald The LoCastro Family
Andrea Harland Phil & Karen Drogin

Ronnie Hymowitz

Justine Straus Kahn & William Straus

Phil & Karen Drogin

Mark & Fran Lerner

The LoCastro Family

Morris Kahn Bob & Gloria Kahn

Jacob KassanRich & Arline JosephbergHarriet J. Kessler & Nathan B. KesslerJohn & Terry Schwarz

Philip Kirshen

Nina Fixler & Mark Rosenstein

Sadie & David Klau

Paula Oppenheim

Charles Korn Claire Yaffa

Shlomo Lakein Michael & Chana Rollman

Mary Wolf Levin Nancy Gladstone

Gertie Liebhaber Michael N. Rosenblut & Hedy R. Cardozo and Family

Elizabeth & Anthony LoCastro

The LoCastro Family

Michael Losquadro

Carol B. Mann

Bob & Babs Mann

Nathan Meyrowitz

Linda, Jeff & Mark Salamon

Yetta Goodman Myers & Harry Morris Myers

Robin Neimark Seegal

Cecile Naumberg Doris Judell
Nancy & Paul Nebenzahl Marcie Aiuvalasit
Jacqueline & Ira Neimark Robin Neimark Seegal
Fanya Paley Lev & Alya Belilovsky

Nancy Redfern Rich & Arline Josephberg
Roslyn Reiffel Lauren, Dave, Lilah & Harrison Marcus

Seymour Robinson Roger & Fran Lefft

Estelle Rod Helene, Marc & Jonathan Rod

Melvin RosemanShelly BenerofeDavid RowenGinny Rowen

Myra & Louis Salzer The LoCastro Family
Richard L. & Betty Salzer The LoCastro Family

### **ACKNOWLEDGEMENTS**

#### Yahrzeit Remembrances for the Memorial Fund cont.

In memory of:

Edith Schultz

Lillian Schupf

Frank Schwarz

Frances Nelson Skolnick

Ruth Steiner

Beverly Sternberg

Beatrice Rothschild Stotter

Herbert J. Stotter, Jr

Elizabeth L. Stuart

Charlotte Sweig

**Edward Temkin** 

Charlotte Weinberg

Marvin Weinstein

David Z. Whipple

Dick Yaffa

Eric Yaffee

#### **Adult Education**

Marcie Aiuvalasit

### Annual Fund: 2023-24 Year End Appeal

Marcie Aiuvalasit

Elana Bernstein & Geoffrey Bauer

Daniel & Amy Braude

Michael & Arleen Cohen

Joan Damson in memory of Barrie Damson

David Fried & Kathy Marks

Ryan & Lorri Goldstein

Jack & Melissa Heinberg

Vincent Kruskal & Joan Kessler

Philip & Patricia Laskawy

Mark & Fran Lerner in support of Emanu-El

Kim & Rich Rosenbaum

Nancy Ullman

Harriet Weissman in memory of Paul H. Weissman

Martin & Pamela Winter

Eric & Regina Witkin

#### **Garden of Gratitude Fund**

Sam & Jill Sheppard in memory of Robert Schwartz

#### Jared Dubro Legacy Fund

Marcie Aiuvalasit

#### **Memorial Fund**

The Chapro Family in memory of Sue Chapro Sandra Ettelson in honor of the late H. William Jr.'s birthday Robert & Amy Lindsay in memory of Robert Schwartz Phillip & Marla Salomon in memory of Robert Schwartz

#### **Mortgage Donation**

Neil & Mara Miller

Remembered by:

Michael & Joan Flaxman

The Schupf Family

John & Terry Schwarz

Laurie & Bob Fishbein

The Steiner Family

Stuart & Lisa Sternberg

Sandra Ettelson

Sandra Ettelson

Alan & Jackie Stuart

Gerry & Jeannie Kligman

Lauren, Dave, Lilah & Harrison Marcus

Phil & Karen Drogin

Ruth Weinstein

Nancy Gladstone

Claire, Rob & Richard Yaffa

The Miller Family

#### Offit-Sekulow Internship Fund

Richard & Emily Cohen

#### **Music Fund**

Bill & Hinda Bodinger in appreciation of Cantor Stone and in gratitude for the Women's Study Group

Lois Falberg & Brian Sinder in memory of Greg Benerofe

Lois Falberg & Brian Sinder in memory of Michael Benerofe

Richard & Arline Josephberg in honor of their granddaughter

Devyn Steiner's 1st birthday and baby naming

Martin & Pamela Winter

#### **Rabbi Goldsmith's Discretionary Fund**

David & Karen Miller in appreciation of Rabbi Goldsmith leading a wonderful service celebrating and honoring their father's life

Mina Raskin in honor of Julian & Emilia Austrian

becoming B'nei Mitzvah

Martin & Pamela Winter

#### **Religious School Donations**

Roger & Vivian Farah in support of the Farah Family Hineini Program

#### **Shabbat Music Fund**

Neil & Loren Canell

#### **Social Action Fund**

Marcie Aiuvalasit

Sean & Arielle Diskin

Tom & Peggy LoCastro in memory of Coral Groh

Tom & Peggy LoCastro

Erica & Gregory Wagner

#### **Women's Study Group Donations**

Marcie Aiuvalasit

Donations made after February 20 will appear in the upcoming May/June bulletin.

March 2024									
Sun	Mon	Tue	Wed	Thu	Fri	Sat			
					1	2			
					7:30pm Sacred Stories Shabbat	9:00am Spencer Sharkansky Bar Mitzvah			
						11:30am Eli Resnick Bat Mitzvah			
3	4	5	6	7	8	9			
9:30 - 11:45am Religious School	7:00pm Paint, Sip & Snack for Religious School Parents 7:15pm Academy	2:00pm Games 3:30pm Hebrew Tutoring on Zoom 4:00pm		3:30pm Hebrew Tutoring on Zoom	7:30pm Union Prayer Book Service	9:00am Beit Midrash			
	7:15pm Confirmation	B'nei Mitzvah Boot Camp 7:30pm							
		Board Meeting							
10	11	12	13	14	15	16			
9:30 - 11:45am Religious School 11:00am	7:15pm Academy 7:15pm	2:00pm Games 3:30pm	7:30pm Guided Mindfulness on Zoom	3:30pm Hebrew Tutoring on Zoom	6:15pm Current & Former Board Member Dinner				
Next Step	Confirmation	Hebrew Tutoring on Zoom	011 200111		7:30pm				
4:00pm Chamber Music Concert	7:15pm Purim Cooking Class	4:00pm B'nei Mitzvah Boot Camp			Purim Shabbat Game Show Special				
17	18	19	20	21	22	23			
9:30 - 11:45am Religious School	7:15pm Academy	2:00pm Games	7:30pm Guided	11:00am Book Club	6:00pm Lay Led Zoom				
9:30 - 11:00am Pre-K/K Purim	7:15pm Confirmation	3:30pm Hebrew Tutoring on Zoom	Mindfulness on Zoom	3:30pm Hebrew Tutoring	Shabbat Service				
11:00am Young Families Purim Carnival		4:00pm B'nei Mitzvah		on Zoom 8:00pm Single Malt Torah					
11:30am - 1:00pm Purim Carnival		Boot Camp 6:00pm Committees in Community		omgro maic roran					
24	25	26	27	28	29	30			
No Religious School	No Academy & Confirmation	No Hebrew Tutoring on Zoom & B'nei Mitzvah Boot Camp	7:30pm Guided Mindfulness on Zoom	No Hebrew Tutoring on Zoom	6:00pm Early Shabbat Service	11:00pm Tessa Lerch Bat Mitzvah			
Civil Rights Trip	Civil Rights Trip	Civil Rights Trip	Civil Rights Trip	Civil Rights Trip					
31		1	1	1	1	1			

No Religious School

April 2024								
Sun	Mon	Tue	Wed	Thu	Fri	Sat		
	7:15pm Academy 7:15pm Confirmation	2:00pm Games 3:30pm Hebrew Tutoring on Zoom 4:00pm B'nei Mitzvah Boot Camp	3	4 3:30pm Hebrew Tutoring on Zoom	7:30pm Friedman Lecture on Peace & Understanding	6 7:30pm Spring Benefit		
9:30 - 11:45am Religious School 9:30 - 10:45am Pre-K/K Passover 10:45 - 11:45am Young Families Passover Event	8 7:15pm Academy 7:15pm Confirmation	2:00pm Games 3:30pm Hebrew Tutoring on Zoom 4:00pm B'nei Mitzvah Boot Camp 7:30pm Board Meeting	10	3:30pm Hebrew Tutoring on Zoom 12:00pm Passover Cooking Class	6:00pm Early Shabbat Service 6:00pm B'nei Mitzvah Retreat	9:00am Beit Midrash 11:00am Emily Levine Bat Mitzvah 5:00pm Jax Blaine Bar Mitzvah		
14 8:30am B'nei Mitzvah Retreat 9:30 - 11:45am Religious School 11:00am Next Step 12:00pm Madrichim Training	7:15pm Academy 7:15pm Confirmation	16 2:00pm Games 3:30pm Hebrew Tutoring on Zoom 4:00pm B'nei Mitzvah Boot Camp 6:00pm WSG Passover Dinner	17	18 11:00am Book Club 3:30pm Hebrew Tutoring on Zoom 7:00pm Film: Monkey Business	7:30pm Shabbat Service	3:45pm Charlotte Hodes Bat Mitzvah		
9:30 - 11:45am Religious School and 1st & 2nd Grades Family Learning Morning 4:00pm Chamber Music Concert	22 No Academy & Confirmation  Passover	9:00am Passover Morning Service No Hebrew Tutoring on Zoom & B'nei Mitzvah Boot Camp Office closed for the 1st Day of Passover	<b>24</b> Passover	8:00pm Single Malt Torah No Hebrew Tutoring on Zoom	26 5:00pm Passover Tot Shabbat 7:30pm Hineini Shabbat Passover	9:00am Beit Midrash Passover		
9:30 - 11:45am Religious School and 4th Grade Family Learning Morning	7:30am Passover Yizkor Service No Academy & Confirmation Office closed for the Last Day of Passover Passover	3:30pm Hebrew Tutoring on Zoom 4:00pm B'nei Mitzvah Boot Camp						



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## MARCH & APRIL SHABBAT SERVICES

### 

7:30pm Sacred Stories Shabbat

### March 8 (in-person & livestreamed)

7:30pm Union Prayer Book Service

### 

7:30pm A Purim Shabbat Game Show Special

### March 22 (Zoom)

6:00pm Lay Led Zoom Shabbat Service

### March 29 (in-person & livestreamed)

6:00pm Early Shabbat Service

### **April 5 (in-person & livestreamed)**

7:30pm Friedman Lecture on Peace & Understanding

with Professor Dan Hopkins

### 

6:00pm Early Shabbat Service

### **April 19 (in-person & livestreamed)**

7:30pm Shabbat Service

### April 26 (in-person & livestreamed) ©

5:00pm Passover Tot Shabbat 7:30pm Hineini Shabbat Service



### Call for Artwork: Congregant Art Show Submission Deadline: Wednesday, May 15

Showcase your talents in the beautiful, light-filled Damson Family Gallery. This show will highlight the artistic perspectives of the artists in our midst.

Paint, fiber, photography, sculpture—all mediums are welcome. We encourage all congregants to participate in this celebration of art and culture.

If you are interested in submitting artwork, contact Jane at jdubro@c-e-w.org or 914-967-4382 x1021.



### Mitzvah Shabbat & Pizza Truck Dinner

Friday, May 10, 5:30pm

### **Congregant Art Show & Annual Meeting**

Friday, June 7, 6:00pm Show, 6:30pm Annual Meeting